

OSAP applications up 20 per cent

By Troy Bridgeman

Applications for student grants and loans for the fall term soared over the summer.

As of July 31, the registrar's office recorded a 20 per cent increase in Ontario Student Assistance Program (OSAP) applications compared to last year.

"Part of that could be because applications were out earlier so people applied earlier," said Betty

Martin, Conestoga College registrar.

An eight per cent increase in enrolment at Conestoga is also a factor.

She added that 40 to 45 per cent of those enrolled at the college apply for OSAP.

Martin said changes to OSAP funding by the federal and provincial governments affect the qualifications for assistance.

Government assistance has been

adjusted to compensate for an increase in tuition fees, but living and travel assistance have not been increased.

To qualify for assistance, students are required to supply OSAP with a statement of earnings so their minimum "student contribution" status can be calculated in their claim.

"Student contribution," which is money a student earns generally during summer employment, has

been raised from \$70 to \$80 per week for grant calculation, but remains at \$70 for loans.

"Students will probably get less grant money because of this," Martin said.

She said there is an appeal process regarding student contributions for those who feel there was an error in their evaluation or for those who consider themselves to have special circumstances

See OSAP, Page 3

Toyota donates \$50,000 to college campaign

By Sandra Schuett

Conestoga's capital campaign to fund a new business school and upgrade equipment was boosted July 28, when Toyota Motor Manufacturing Canada Inc. of Cambridge donated \$50,000.

Toyota president and chief executive officer Tom Kawamura, along with about 20 former Conestoga students, who are now Toyota employees, presented a cheque to college president John Tibbits on the front lawn of the Fountain Street plant.

The cheque was the first instalment of a \$100,000 contribution.

Tibbits called the money "very significant," and said it is necessary to improve equipment to provide higher quality service and education.

George Egoff, Conestoga's campaign chairman, said that corporate donations will be a large part of the campaign.

Com Dev Ltd. of Cambridge has committed \$250,000 and several other companies have made significant donations which have yet to be announced.



From left, Bill Easdale, Tom Kawamura, John Tibbits and George Egoff surrounded by former students.

(Photo by Heather Ibbotson)

Egoff said he was "very pleased" with the Toyota donation. "It shows how they feel about Conestoga," he said.

Toyota's senior vice-president of administration, Bob Easdale,

said the purpose of the company's gift was to show support for education in the community.

"Companies need to be progressive in education. There is a requirement for increased skill and

education levels," he said.

Easdale said that the relationship between the college and Toyota dates back to 1988, when the company was established in Cambridge. See College, Page 3

Busy summer brings change to Conestoga

By Sandra Schuett

Conestoga College took advantage of the slow summer pace to tackle some renovation projects and additions at the Doon campus.

Returning students will discover much has changed over the last four months.

Here are some highlights of things you may have missed over the summer months.

NEW BUILDING:

The Student-Client Services Centre, located near parking lot #2, was completed this spring and

opened on May 6. The "open-concept" building houses the registrar's office, the human resources and finance departments, as well as the president's office. The completion of the building allowed the reopening of parking lot #2.

CELEBRATIONS BEGIN:

Conestoga kicked off its 25th anniversary celebrations in May with a staff and faculty barbecue at the Kenneth E. Hunter Recreation Centre.

The afternoon event featured an air band competition.

BOOKSTORE MOVES:

In late May, the bookstore moved all of its belongings into what was once the Guild Room in the main building.

The room was renovated — windows and doors were added.

The portable that once housed the bookstore was hauled away in June.

GRANT RECEIVED:

In early June, the Ministry of Colleges and Universities announced that Conestoga would receive \$420,000 for maintenance and repair costs. David Putt, director of

physical resources, said most of the money would be allocated for roof repairs, with some set aside for tiles and rug at the Guelph, Doon and Waterloo campuses.

CAMPAIGN STARTS:

Also in June, Conestoga launched its campaign to fund a new school of business and upgrade equipment. A barbecue was held outside the cafeteria and several local dignitaries were in attendance, including Kitchener Mayor Dom Cardillo. The same day, 125 trees donated by Sheridan Nurseries, See Doon, Page 3

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Feminism is a farce



By Heather Ibbotson

To me, feminism is a dirty word. While the early goals of women's suffrage movements — particularly the fight to allow women to vote — were noble and worthy, many of the aims of today's so-called feminists are slaps in the faces to those first crusaders.

Today's outspoken "crusaders" are no longer striving through personal excellence, intelligence or leadership to better their lot.

Instead, they are concerned more with demeaning men who have the audacity to hold doors open for them and the "freedom" to parade about half-naked. If the right to walk topless is of such utmost importance, perhaps these women should move to a third-world country where this right is a given and where it is the only right a woman has.

The drive to match the contributions to both women's equality and to society in general by women such as Marie Curie, Dr. Emily Stowe and Admiral Grace Hopper is now as dust.

Instead, today's feminists concern themselves with achieving the most abject of male attributes, such as lining up for tickets to see strippers and lacing their speech with obscenities.

On a more personal note, my mother has never been a fan of feminism because it has not brought her a single advance she did not and could not achieve on her own.

Though raised by parents who, as poor immigrants from Hungary, were traditional and old-fashioned, my mother was never subjected to any sexual prejudice or discrimination.

My grandfather believed all his children should benefit from higher education. He never went past Grade 4 but he made sure his daughters had every chance to succeed by sending them to university and encouraging them to strive for professional careers.

My mother did not suffer any sexual discrimination on the job. Her first position was as head of the English department at a secondary school. This she continued until 1967 when she retired to become a "domestic engineer."

Long before it became fashionable, my mother chose to return to work after my birth, leaving me in the care of a nanny during the day. She never thought of this as a feminist thing to do. It was a necessity brought on by her determination to contribute to a comfortable life for her family.

And my father, also a professional in the field of education, did not object. The thought never crossed his mind that his wife was making some sort of feminist statement.

People with brains, talent and determination can achieve their goals regardless of gender. It is only the weak, untalented and lazy who use discrimination as an excuse for their inadequacies.

If being a feminist involves shifting the blame for personal failure, I want no part of it. I do not hold in high regard the goal of feminists to de-sex the human race and embrace the very vices for which they hold men in such disdain.

If today's feminists were concerned less with their own vainglory and more with genuine achievement the world would be a better place for both sexes.

Letters to the editor

Spoke welcomes all letters to the editor. If you have a beef, or an opinion, please send it in. Spoke reserves the right to edit letters to fit space, and to remove any libellous statements. Your letter must be signed, and include your program and year for verification. Send letters to the Spoke office, room 4B15, Doon campus.

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OPINION



Computer literacy a must in the '90s

In case anyone still is not aware, we are in the computer age.

Almost all aspects of our lives interact with computers.

Computers control televisions, automobiles, traffic lights, cellular phones, switchboards, office equipment and bank machines. They also control our credit history — and if necessary — our pacemakers.

To get a job today, one must know computers. If hands-on experience is not required for a position, an employee will almost certainly need to know "computer-speak." It can be embarrassing getting your bits mixed up with your bytes.

Students entering today's workforce receive extensive training on computers.

Computer immersion courses, at some schools, begin as early as Grade 1.

Anyone who graduated from high school before computer courses were offered, faces the dilemma of being swept away in an undertow of computer illiteracy.

At the beginning of the computer revolution, around the mid-'70s, anyone already out of school, with foresight, tried to take an introductory computer course. Unfortunately, computers were expensive to own and operate, and qualified instructors were hard to come by, so most institutions were slow on the uptake.

The first school to offer computer training in Kitchener was The AnderKoch Institute of Technology,

which opened in the late '70s.

Eventually a Centre for Continuing Education (CCE) course was offered at Conestoga called introduction to data processing.

After realizing the overwhelming interest in computers, the college added more and more computer-related CCE courses.

Now there are 30 courses offered, according to the fall 1992 continuing education course calendar.

Individuals can take courses in everything from computer fundamentals to desktop publishing.

Today's computer is much more sophisticated than earlier models. User-friendly software now assists the operator, providing pull-down screens and command prompts and auto-backup....Sorry too much "computer-speak."

Anxious students learning on early models faced many problems. Systems crashed, programs took several minutes to load on unreliable cassette tape systems. There were no graphics or operating systems. Text books were complex.

Far from the horror of yesteryear, no one now has an excuse to stay out of the computer revolution.

Courses are abundant and inexpensive — less than \$50 for an introductory course at Conestoga.

With computer evolution inevitable, advancing to levels unimaginable 10 years ago, the time to become computer literate is now. Don't wait till it is too late.

— Neil Wells

Children are innocent victims of war

It has been said the first casualty of war is always the children.

So the situation in the war-torn republic of Yugoslavia should be no surprise. And there seems to be no end in sight.

Nor does there seem to be an end to the senseless wounding and killing of innocent citizens who have been caught in the wrong place at the wrong time.

If the incidents of Aug. 1, 1992, serve any purpose, they should remind the world of the atrocities of war.

On the Aug. 1 weekend, 40 orphans ranging in age from two months to six years were evacuated from Sarajevo by bus.

During the final stages of this controversial rescue operation, organized by two German politicians, snipers opened fire on the bus, killing a two-year-old Serbian girl and a one-year-old Muslim boy.

The rescue operation has been labelled controversial because the rescue bus took the children through the downtown core of Sarajevo during a period of heavy fighting.

Anti-aircraft fire took the lives of these two innocent children, making them casualties of war. Casualties of war are supposed to be taken for granted.

There is nothing to be gained by killing children, yet no one seems immune from the daily violence in that part of the world.

As the funeral took place for two-year-old Vedrana

Glavas and year-old Roki Sulejmanovic, their final resting place was desecrated by more gunfire. This time it caught the right arm of Glavas' grandmother.

Children are constantly being told they are the future and they should stay in school because they will be tomorrow's world leaders, doctors, lawyers and so on.

Yet, in a part of the world where gunfire has become an everyday occurrence and food and life-sustaining supplies have been cut off by those who have created the mayhem, regard for the future has been put on hold.

The children are facing many physical and mental health problems, including stress, shock and malnutrition.

What chance do they have to protect themselves from the madness around them? Older children and adults have the strength to get away but the younger ones are being left behind, orphaned, casualties of war.

The world has to wake up and become part of the solution and not part of the problem. Actions taken by the UN have not had an effect on the events of Eastern Europe, turning the once beautiful Sarajevo into ruins.

The 40 children placed on that bus had a chance to escape the chaos that had controlled most of their young lives. For most of them, the future looks bright and healthy. For Glavas and Sulejmanovic, the future is the madness around them. They are buried where shelling will long be part of their sleep.

— K. Stephen Ross

Ontario government should pay wage increases: Tibbits

By Troy Bridgeman

Conestoga College President John Tibbits said he feels college faculty, represented by the Local 237 of the Ontario Public Service Employees Union (OPSEU), deserve increases offered in the recent contract proposal, but the Ontario government should be paying for them.

According to a report presented to Conestoga's Board of Governors, June 22, by Kevin Mullan, vice-president of finance and administrative operations for the college,

the new contract, if ratified in September, will cost the college an additional \$487,733 for the 1992-93 contract year and \$994,840 in 1993-94.

These figures were arrived at by projecting proposed increases in the contract across a full-time faculty of 238.

Tibbits said the Ontario government is cutting back on operational funding to the Colleges of Applied Arts and Technology (CAAT) system.

At the same time, the council of regents, headed by Richard John-

ston, a former Trent University faculty association member and an 11-year MPP for Scarborough West (NDP), has presented an offer that will effectively increase academic costs by an estimated 12.9 per cent over three years. Said Tibbits, "If you throw in the fully indexed pension plan you're talking about a 17 per cent increase."

"I don't know how the government can allow our teachers to get that (increase) when the system (CAAT) is getting one, two and two per cent," (five percent) over the same three years, Tibbits said.

He said some colleges, including Conestoga, won't get even five per cent. "This college is going to get less."

"Next year we're going to rise up from minus three (per cent) and we're probably going to get zero," said Tibbits.

"If the government is going to give 13 per cent to our teachers then I think the college should get 13 per cent to cover it."

Tibbits said he is also concerned about the message the faculty proposal is sending to support staff, represented by Local 238 of

OPSEU, whose contract is due for negotiation at the end of August. He feels they will likely expect similar increases.

"If we could sit down with our faculty union and negotiate salaries, rather than having them negotiate in Toronto, I can guarantee you we wouldn't have this kind of settlement, and we wouldn't have a strike," said Tibbits. "If I were the president of a company and gave this kind of settlement to my employees, I think I would be fired."

Tibbits said the bottom line is the ability to pay.

College receives \$50,000

Continued from Page 1

At that time, 100 skilled tradespeople from the Guelph campus were involved. Easdale said Toyota and the college have been "friendly" since.

Conestoga is connected to the automaker in other ways as well. Not only does Toyota employ many Conestoga graduates, it also pays for employees to take continuing education courses through the college. Conestoga sends instructors to

the factory so employees do not have to leave the job site.

"They (Conestoga) provide a good service to us," said Easdale.

Toyota public affairs manager Adriaan Korstanje said that Conestoga graduates occupy "quite a range" of positions at the company — everything from production to purchasing.

Korstanje said that one quarter of Toyota's employees are either taking or have taken a course at Conestoga College.

OSAP applications increase

Continued from Page 1

concerning the calculation of their application.

Students who didn't work during the summer must be able to present documentation proving they were seeking employment.

Martin said all applications are processed on an individual basis.

Applicants are obligated to report earnings while attending classes if the earnings exceed \$1,500 per semester or \$3,000 for the year.

"The lower the family income, the better the chance of receiving max-

imums," Martin said.

Maximum grant assistance available is \$2,550 per semester for married students and \$1,800 for singles.

The maximum Canada student loan available is \$105 per week and the maximum Ontario student loan is \$1,000 per semester.

She said students can apply as late as January for this year but stresses that because of the eight- to 10-week processing period they would be wise to apply as soon as possible.

Application forms are available in the Student-Client Services Centre.

Students may find curb-side bargains

By Heather Ibbotson

Students seeking used items for their homes should hit the road on Sept. 12 for Goods Exchange Day.

Between 8 a.m. and 6 p.m., homeowners are urged to place usable yet unwanted goods at their curbs for others who may find the items useful.

Hill recommends that people who are "picker-uppers," in need of household items ranging from furniture and appliances to clothes and toys, get out early for the best "pickings."

Sponsored by the Region of Waterloo, Goods Exchange Day is an opportunity for people to practise the three R's — reduce, reuse and recycle — said Marilyn Hill, curb-side waste reduction co-ordinator for the region.

Sept. 12 will be the third Goods Exchange Day held by the region. The first, in May 1991, was a success, Hill said.

Since then, the region has made the day a semi-annual event.

She said the first Goods Exchange Day fell on the same date as a garage sale sponsored by her church.

Items not sold were boxed and labelled as free. "In no time, everything was gone."

Hill said students were taken into consideration in scheduling the September date because this is when many students return to school and are in need of furnishings for apartments and rooms.

The idea for Goods Exchange Day came from a solid waste seminar which Hill attended two years ago. "It was an idea-sharing session," she said.

Learning that other Ontario communities held similar days, she brought the idea to Waterloo region, where it was adopted.

Hill said the day offers rewards to all who participate. People who set out reusable items aid in the environmental effort by no longer sending large amounts of material to landfill sites. As well, "picker-uppers" benefit from the use of free goods.

This day differs from the general clean-up days sponsored by various municipalities within the region, she said. On Goods Exchange Day, householders are urged to put out only reusable items, not garbage.

She said anything which may be of use to someone else, including bicycles, books, toys, doors, furniture, plumbing fixtures and clothes, is appropriate for curb placement.

"It's a good opportunity for people to clean out their basements and garages," she said.

Homeowners are warned to not leave goods, such as children's toys and bicycles, unattended at the curb, if these items are not meant for pickup.

After 6 p.m., householders must remove items which have not been picked up as there will be no special garbage collection by the region following the event.

Students looking for large items such as furniture should obtain the use of a truck and "get out early," Hill said.

Doon gets a facelift

Continued from Page 1

were planted along the college's main entrance and around the sports fields to celebrate Conestoga's anniversary and Canada's 125th birthday.

MORE PARKING:

Parking lot #5, by the main Doon campus building, was expanded over the summer, as was lot #2 near the Student-Client Services Centre. The expansion boosted the total number of available spots on the Doon campus to 2,411. Parking in both lots now costs \$135, but spaces are guaranteed.

MINI-POND FILLED IN:

Part of the lot #5 expansion included filling in a small pond beside the main building with excess dirt. The pond area will be the site of the future School of Business.

CONVOCATION:

June was also the month that Conestoga held its 24th convocation ceremonies at the Kenneth E. Hunter Recreation Centre. Diplo-

mas were given to 1,998 graduates. It was announced that for the sake of cost and convenience, convocation will no longer be held in November. Two days in June will be designated for convocation, instead of one day in spring and one in the fall.

STUDENTS WIN MEDALS:

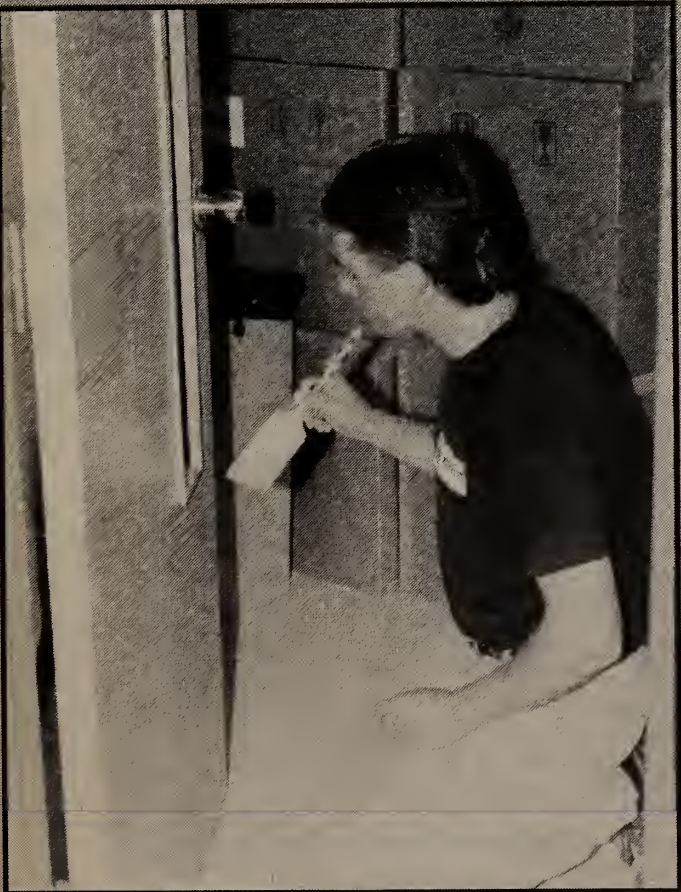
In July, five construction engineering students travelled to Kentucky for the U.S. Skills Olympics, after winning provincial titles at Skills Canada. Jim Gerrard, a construction engineering technology student won gold in Kentucky in the computer-aided design category, while Harley Engberts, a wood-working technician student, won a bronze for cabinet-making.

ASSOCIATION FORMED:

Continuing education students organized their own student association called Continuing Education Student Association (CESA). The fledgling group decided to impose a voluntary \$5 surcharge on night courses to help Conestoga's fund-raising efforts.

Correction

In an article in the Aug. 4 issue of Spoke, entitled *Convocation change upsets nursing students*, an estimate of money saved by changing convocation dates should have been attributed to John MacKenzie, rather than to Fraser Cooper. Spoke regrets the error.



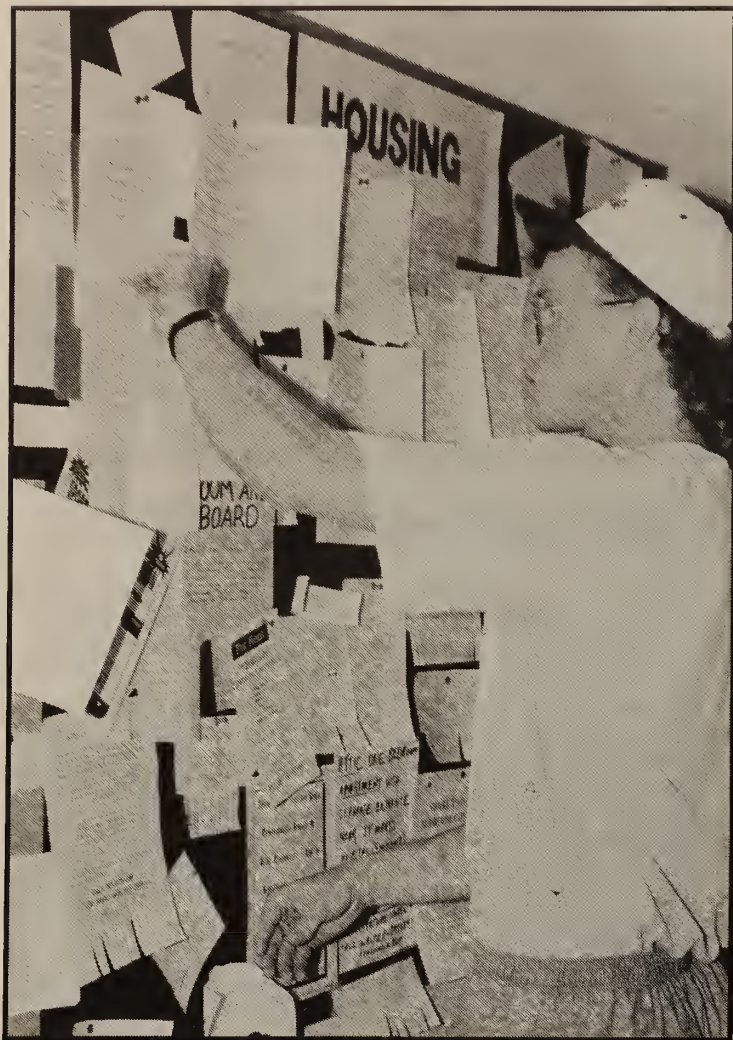
Missed a spot

Nick Pentsa, of Pentsa Painting and Decorating in Kitchener, spruces up the technology wing of the Doon campus by applying fresh paint to classroom doors.

(Photo by Sandra Schuett)

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Student Survival Strategies



Jeff Redfern, a third-year management studies student, posts a notice offering housing on the housing board at the Doon campus of Conestoga College.

(Photo by Heather Ibbotson)

Housing list available for students

By Troy Bridgeman

About 270 landlords have submitted vacancy listings to student services at Conestoga College.

Student services clerk Myrna Nicholas said the listings are recorded on computer and made available to all students looking for housing.

Nicholas said the listings generally offer room and board or a room and cooking facilities. She said there are usually few apartments available.

"Some students with apartments will list with me for a roommate," she said. "There seems to be an increase over the last couple of years" in listings, Nicholas said, though she doesn't know exactly why.

She said they do not screen landlords. That is left up to the students. "They make their own educated decisions."

Nicholas said landlords often refer to her to get a "ballpark" figure on what others are charging for rent in order to offer competitive

rates.

"Students normally have no problem finding places," said Nicholas.

"Sometimes students don't start looking for housing until October because they might choose to commute until the winter or until exams start."

She said a smaller housing list is available all year.

Students wishing to obtain a list can do so during office hours at student services and after hours and weekends at the security office.

Riding the bus takes patience

By Sandra Schuett

For those students who commute within the Kitchener-Waterloo region, public transit is a widely used mode of transportation.

Bus routes begin at 5:30 a.m. and run every half-hour. Students travelling from Waterloo or even downtown Kitchener must transfer to the No. 10 bus at Fairview Mall to get to Conestoga's Doon campus, unless they take the Conestoga Express bus, which runs at 7:30 a.m. but only from the Charles Street terminal downtown.

Students coming from the K-W core travel about 90 minutes each way on the bus.

Monthly and semester bus passes are available, or students can pay \$1.25 per ride.

For those who rely on public transit to get to Conestoga, Kitchener Transit will be selling passes for three days during the first two weeks of September.

Barb Johnstone, month-pass coordinator for Kitchener Transit, said a table will be set up in conjunction with the Doon Student Association in the foyer of the main

building (by door #3) on Sept. 8, 10, and 14 from 10 a.m. to 2 p.m. so students can buy semester passes. She said this will be the only opportunity students will have to purchase them, because they are only offered in September, January and May (the start of each semester).

An adult bus pass costs \$52 for a calendar month plus an extra \$4 for the required photo identification. A four-month college pass costs \$174 plus the photo charge. But, because the cities of Kitchener and Waterloo each pay a \$10 subsidy on each pass, total cost to the student is \$154.

Last year's cost was \$147 with subsidy.

A bus route from Cambridge to the Doon campus, first proposed in 1985, was re-examined last fall, and was put on hold because of poor student response to a survey on the feasibility of such a service.

Johnstone said Kitchener Transit sells an average of 175 four-month passes per semester.

There will be no changes in bus routes or times. "It will be the same as last year," she said.

Car pooling makes cents

By Sandra Schuett

School is hard enough without having to worry about transportation, but for many Conestoga students car pools are an everyday part of college life.

The registrar's office reports that half of Conestoga's full-time students live outside the Kitchener-Waterloo and Cambridge area. Those driving to the Doon campus travel from various cities, including Guelph, Brantford, Listowel, London, Paris and Stratford.

People from these outlying areas, who would either like a ride or like to offer a ride, can consult the

"Home Fast" car-pool board, located on the second floor in the Doon campus main building. This "self-service" operation allows those seeking and offering transportation to fill out color-coded cards, blue for rides wanted and yellow for rides needed, and leave them in slots marked with the appropriate city.

The board has listings for every area city and includes such far-away spots as Toronto, Thunder Bay, Orillia and Niagara Falls.

Student Services fills up the card slots when empty but takes no responsibility for the board and cannot find rides for students.

On-campus moves

Bookstore moves to main building

By Garry Erb

The bookstore at Conestoga's Doon Campus has moved — to just inside door #1 in the main building. The quarters it vacated were in the campus's last portable classroom, which was hauled away in early summer.

The move came two weeks early because the electrical hook-up that fed the portable was connected to the administration building, which was due for renovation. "They forgot the portable was hooked up electrically to the old administration building and they had to cut the electricity," said Kerry Davidson, a sales clerk at the bookstore.

The move brought another change, Davidson said. "The bookstore now carries books needed for both full-time and part-time courses.

"There used to be two separate bookstores. When we moved we just combined them."

Also, said sales clerk Dan Randall, "We have a magazine company in here now; they will start Sept. 1." Randall said the bookstore hopes to carry many different

kinds of magazines.

A gift counter is also planned but Randall said he is not yet sure what it will offer.

"I think the gift counter will just be clothing at the start," he said. Shelving space in the new bookstore will increase by 75 more metres, Randall said.

With all the new space and the addition of magazine and clothing sales, "We should be able to make some money now," he said. The new bookstore is an offshoot of recent construction at Doon Campus.

"This store was built on left-over money from the new building and the reconstruction of the old administration building," said Randall.

There was supposed to be a new bookstore but the idea was shelved because of financial cuts.

When college administrators realized they were coming in under budget on the new administration building, the OK to proceed with the bookstore was given, Randall said.

Building of the bookstore's counters and shelving was ten-

dered out and the contract went to Ontario Store Fixtures of Weston, Ont., said Vanda Kelly, manager of the bookstore.

Shoplifting has always been a problem at the bookstore, but especially during its recent relocation and reconstruction.

Davidson said a one-way mirror has been placed at the back of the store to provide staff a means of watching for shoplifters.

"We hope to have (regular) mirrors put in as well," Davidson said.

She said the store has no security measures during operating hours apart from the eyes of the staff, and that some would be a good idea "because a lot of merchandise is stolen."

Randall said, "I have caught students taking things."

He added that most students, when confronted, respond quickly by putting back whatever it was they took.

Randall said he hoped the new store would be completed by the end of August.

"All the books are priced and all we need to do is place them on the shelves," he said.

Student-related services move to centralized location to better serve students

By Nell Wells

Students looking for the special needs, peer tutoring, co-op placement or student services departments, will find them in a new location this fall.

The move, designed to better serve students at Conestoga, took place in early August.

It brought all of the service-related departments together in two adjacent rooms just inside door #4 of the Doon campus main building. Special needs and co-op placement were relocated from 2A11.

The Centre for Continuing Education (CCE) registration staff were relocated to the Student-Client Services Centre. Giita Kelp, an administration receptionist at the college, said now that she is in her new office, in the former location of CCE,

she is continually asked for directions. "Things will be better in September when a new directory is published and people become familiar with changes."

Judy Hart, a special needs assistant, said the move was implemented to "facilitate the students better."

Hart said having the four departments located together seems to be a good idea but she will wait until September to pass judgement.

The offices are trying a new system of rotating receptionists, Hart said. Everyone takes a turn on the front desk, answering phones and looking after anyone who comes into the office.

There are mixed feelings about the new office and the reception system. "It will be trial and error for everybody," said Hart.

Student Survival Strategies

Peer helpers can offer knowledge through experience

By Cara-Mae Hackett

If the reality of college has you feeling lost or alone you might consider the services of peer helpers, who are available on three of Conestoga College's campuses.

Peer helpers are trained senior students from diploma programs and peer helping is, "a service for incoming, current and prospective students," said peer helping service administrator Val Gennings.

Helpers provide information and support for students. Their service is designed to help people adjust to college life and it focuses on the non-academic, more generic side of college, Gennings said.

"They (helpers) show people the ropes and fill them in on the real dirt. They show students how to survive, excel and succeed," she said.

Peer helpers are paid \$6 an hour and get a 50-cent raise after completing 50 hours of work.

Gennings said faculty and staff recommend peer helper prospects in January and then recruiting begins.

Peer helpers receive 18 hours of training, in May, which is stretched

over a period of three days. Usually, the training begins on the first Saturday after classes end. The last of the three sessions is about information specific to each campus, the other two involve helpers from all campuses.

The training includes team building, communication skills, public speaking, campus tours, group dynamics, human growth and development, and on special needs, referrals, programs and ethics.

There are 44 peer helpers at Doon, five at Waterloo and three at Guelph.

Peer helpers deal with five areas: continuing education, liaison services, student services, special needs, and their own programs.

Helpers direct continuing education students to places on campus at night. They act as readers for visually-impaired persons, assist physically-challenged people get around campus (which is easier now with the elevator and special doors at Doon campus, said Gennings), and train special needs students to work with equipment.

Within liaison services, the helpers perform "a lot of tours," Gennings said. They assist with

special events, work phone campaigns, and go to area high schools and provide program information.

Peer helpers take potential students on campus tours, co-facilitate workshops with counsellors, and sit on question and answer panels for new students.

Gennings said helpers also offer, "empathetic listening, but they are not counsellors."

Peer helpers are sometimes required to work one-to-one with students by doing some shadowing. Students thinking about switching programs are given an opportunity to follow around (shadow) a peer helper in a program which interests them.

Shadowings, like transition sessions, are program specific.

Transition sessions are forums, during which first-year students have the chance to talk with second- or third-year students about how to survive in the program.

Gennings said forums work well because first-year students are able to see that other people made it through the first semester.

"First semester is a pivotal time for people," she said, when student anxiety is highest. "They are going



Val Gennings, peer helping service administrator.

(Photo by Cara-Mae Hackett)

to either sink or swim."

The transition sessions "buoy people up as early as possible."

"We ask that peer helpers be aware of what's going on when

they are on and off duty," Gennings said.

Peer helpers, when on duty, wear red shirts or red sweaters, and nametags.

Testing helps focus students' interests

By Cara-Mae Hackett

If and when you realize that your college program is not setting you up for what you want to do for the rest of your life, you might try interest testing, which is available at Conestoga College.

"It's not done routinely. In fact, it's not done often," said counsellor Roger Mainland of Student Services, at Waterloo campus.

Interest tests are available if a student is "really unhappy" with his or her program choice, and if the student and counsellor feel it will be helpful.

Mainland said the testing has to be done in conjunction with a counsellor and only if both parties feel it will be of some assistance.

Mainland said, "I would talk to the person a fair amount first. It would have to appear someone is seriously in the wrong field or going in the wrong direction (before a test would be done)."

"Testing is not done just on demand," Mainland said, "It is part of working with the counsellor."

The tests are "very general," said Mainland. "If someone said they were interested in social services, the test wouldn't show them what specific area of social services they were interested in."

The purpose of interest tests is to help students "get a feel" for where their interests lie.

Counselling accompanies testing because, Mainland said, "When a student comes in thinking of changing their goal (in life), their career — it is an important thing."

Two tests are offered by counsellors at Conestoga: the Career Assessment Inventory test and the Strong-Campbell test.

Both tests operate in a similar vein. Each categorizes answers by responses to several sections of questions and statements.

"The testing does nothing on its own," said Mainland, and it should not be seen as an answer. "It is part of the whole counselling process."

Mainland said many students think interest testing will give them the answers and sometimes it does not.

Testing is simply a guide to give us some ideas as to what needs to be done as a part of the whole counselling process, Mainland said.

The tests "are not orientated to Conestoga," Mainland said, "and do not have any specific reference to the college." They are designed only to show interest for courses offered at Conestoga.

Sometimes the testing indicates a student has little interest in anything; then the counsellor must find another way to assist.

There are manuals that accompany the test for interpretation, and it usually takes a few weeks to compile the results. Mainland said those results are then discussed in another counselling session.

Testing does not make up a large part of the counselling process. But, after testing, Mainland said, there may be need for more counselling — if little interest is shown or if the results show a lot of interest in the program the student is thinking about leaving.

Students benefit from tutoring service

By Cara-Mae Hackett

Students who are swamped with work and who have that sinking feeling should be aware that peer tutoring is available — to help them keep their heads above water.

For \$7, students receive five hours of tutoring from someone in the second or third year of their program.

"There's often a misconception about tutoring," said peer tutor administrator Jo-Anne Morgan. "It's very inexpensive."

Morgan said, "The most important thing for people coming in (in September) to know is that they should get help right away."

Morgan also said it helps to work with someone who has gone through what you are going through. Tutors understand how you feel and give you confidence because they made it to the second or third year of their program.

"Tutoring gives students a chance to work with someone who can alleviate some fears," Morgan said.

Potential tutors or people seeking a tutor are instructed to come to room 2B13, make an appointment with Morgan, and fill out an application.

Potential tutors and students are

interviewed. Morgan gives students the name and phone number of a tutor in the same program "so they can get started right away."

A tutor must have a minimum B+ overall program average and a B+ or A in the classes they wish to tutor, Morgan said. Tutors must also possess "very strong people skills, must be comfortable with people, have to know how to make learning fun and be enthusiastic about the program they are in," she said.

Tutors are hired as regular college employees and earn \$7 per hour. After 25 hours of tutoring the hourly rate increases to \$7.50 because the tutors have more experience.

Most tutors are in the second or third year of their programs. Morgan said that first-year students who have been exempted from some classes may sometimes be hired to tutor those subjects.

Morgan expects to hire "approximately 90 tutors for Doon campus," but said if some returning students continue as tutors, she may need only 65 or 70.

"Last year there were more than 280 contracts and this year I am targeting the same," she said.

Not all programs are targeted for tutors, Morgan said. "There has

never been a student from graphic arts apply for tutoring." Therefore, she said, she targets for where demand has been in the past. "But if students apply, it's my job to do everything to ensure they get tutors to work with."

Morgan does most of the hiring in August and September. In May, she sends letters to program co-ordinators and other key staff members, requesting the names of students who would make capable tutors. Morgan contacts those students to see if they are interested in tutoring.

Another avenue of recruitment is to visit second- and third-year classes to get a feel for students who are qualified.

A full day of training occurs in October, just before the heaviest tutor demand begins. Tutors are instructed in communication and teaching skills, strategies of teaching, and familiarizing students with their programs.

Tutors are not required to teach more than one student, but may if they want to.

Tutors and their students are given evaluation forms to fill out so Morgan can get feedback from people involved with peer tutoring.

"I am always available for conversation and ideas," Morgan said.

Health services provide assistance

By Cara-Mae Hackett

For people who need medical attention, free condoms, allergy injections and more, staff at Conestoga College's health service offices are there to help.

The offices are open on all campuses, to provide nursing services, health counselling, first aid, birth control counselling, non-prescription medication, supervision of prescribed medication and information on a variety of health topics.

If your lunch disagrees with you, if you are dizzy, nauseous or running a fever, there is a place for you to turn.

Registered nurses are on duty at all campuses from 7:30 a.m. to 4:30 p.m., Monday through Friday (Doon); 8:30 a.m. to 4:30 p.m., Monday through Friday (Waterloo); and from 8 a.m. to 3:30 p.m., Monday, Wednesday and Thursday (Guelph). At Cambridge, appointments must be made through the campus secretary at 623-4890.

In Stratford the health service office is open every third Monday from 9 a.m. to 4 p.m.

Free condoms are available at the Doon health services office, which is located near door #3, not far from the student lounge.

A physician is to be available part time at the Doon campus when the former one, Dr. John Kan, is replaced.

More information on services is available at the individual health service offices.

Welcome to Conestoga College

Welcome to Conestoga, if you are a new member of our College community. Welcome back, if you are a returning student. All of us at Conestoga wish you a productive and exciting year.

You have come to College to prepare for a career by obtaining a quality education. I hope you will put your energy and best efforts towards attaining this goal. I am confident that you will discover the value that a Conestoga education will contribute in future years to your career

and community life.

As you strive for your goals, please keep in mind that Conestoga offers you opportunities beyond your program of study. I encourage you to be an active, contributing member of the College community. Consider participation in the student government, club activities, athletics and recreation, or peer tutoring.

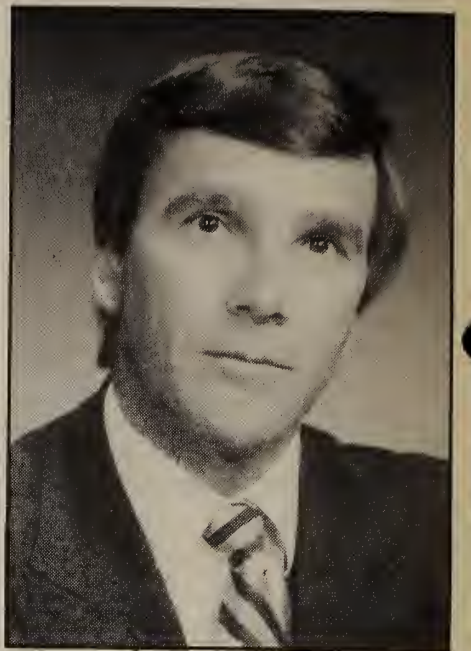
Learning is not confined to a classroom or laboratory. I hope you will get involved and view your College experience

as an opportunity for self-discovery and personal growth.

I wish you an excellent year, both academically and personally, as we work together to make the Conestoga community an enjoyable and stimulating place to be.

John Tibbits

College President



Orientation Pub
Featuring

HAREM SCAREM

Thursday September 10

8:00 p.m. Doon Cafeteria

Tickets; \$5.00 advance \$7.00 at the door

Age of Majority required



WE'VE MOVED Doon Student Services Counselling

Peer Tutoring and Peer Helping

are now located in Room 2B13

in lobby area of Door #4

COME VISIT

Thank you DSA

With your financial support
the Doon Campus Peer
Helpers are sporting fun
red T-shirts.

Watch for them.



Guelph Student Services

Yes there is a life beyond Doon campus, and if you boldly go beyond the Hub, to Guelph campus, you are in for some food things — easy parking, friendly atmosphere, accessible resources and services.

Student Services is there to help you find your way and get started.



Shirley Di Ilio has organized an orientation package for you and a session for the first morning which will include, coffee, registration, book distribution, introductions to staff and faculty and information about services for students.

Di Ilio is the person who will distribute OSAP funds and help you sort out OSAP concerns.



Marlene Breen is someone you will get to know as the receptionist of Student Services. She can help you to find classes, find teachers — and she will make getting a photo ID as painless as possible.



Bob King is a counsellor who can help with study skills, academic or personal concerns and other barriers to your education which might arise. King is a problem solver.

He will meet you at your orientation sessions and will be available for private and confidential consultations throughout the year.

Guelph Students Services is there to help.



COUNSELLOR'S CORNER with Pat Trudeau

Pat Trudeau is a counsellor at Doon Students Services. This is the first in a series of articles on student success issues and problem solving.

Welcomes are out everywhere. The orientation packages have been prepared and distributed. "Experience Conestoga" has come and gone. A late orientation was planned for Sept. 2 for those who missed "Experience." The Student Success Series offers a broader range of workshops than ever before. The special

SPOKE issue which you now hold is packed with information to get you started.

Now that all systems are go and the stage is set for incoming students, what could possibly go wrong?

"Wait," says the voice of a shy young student who used to be me. "Have you forgotten your own first week at

college, when you wanted to quit and go home?"

The endless stream of information, course lists, forms, campus maps and events did nothing to soothe my ache for human connection.

The only familiar face was the one on my photo I.D. I don't recall registering or getting my books but I do re-

member the first time I saw the gleaming face of my friend Frank.

We met at an orientation session during that first fragile week before classes.

That friendship has endured hundreds of cups of stale coffee, late assignment jitters, family woes, dates from hell, teachers who failed to recognize our genius and the many years that followed.

Making friends is an important aspect of college life, for many the glue that keeps

us there.

Educator Mac Freeman said at a Conestoga gathering last November, "You don't get through it (school) alone."

No one can make friends for you and it is impossible to make "old friends" the first week.

I encourage you to take time to say hello and leap into a five minute conversation.

If you are having difficulty getting beyond hello, and feel disconnected, come in and talk to one of the counsellors.

Orientation Kits

are available for pick up

Tues., Sept 8, 10:00 a.m. to 2:00 p.m.

and Wed., Sept. 9,

10:00 a.m. till 2:00 p.m.

in the Doon cafeteria

There are a limited quantity of
Orientation '92 T-shirts available,
the price is only \$9.00
(including taxes)

See Becky Westman

at the DSA Activities office

DOON IT RIGHT FOR
25 YEARS



WHAT A BLOW OUT!
ORIENTATION '92



Orientation Pond Party and Bar-b-que

Tuesday, September 8

12:30 till 7:00 p.m.

Doon Cafeteria and outside

by the pond

Plan to join in the fun!

Activities include:

Beach volleyball tournament

DSA dunk tank, Pitching cage

AM 109 Star Cruiser

Live Entertainment,
featuring

The Rhinos

Bar opens at 3:00 p.m.



Don't miss this Orientation party

Fall Classic Boat Race

Saturday, Sept. 12, 1992

Classes:

Canoe—Maximum 2 persons

Kayak—Maximum 1 person

Homemade Craft—Maximum 6 persons

No sails, motors, or racing canoes allowed; Lifejackets must be worn

Registration: Sept. 12, 1992

8:30 a.m. - 9:30 a.m. Labatt's Van, Bridgeport Community Centre, 20 Tyson Drive, Kitchener
\$5.00 per person

Start:

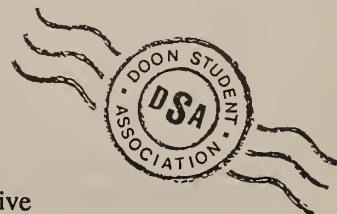
10:00 a.m. Bridgeport Community Centre

Finish:

Canoe and Kayak— 15 miles down river approx. 1/2 mile past Doon Pioneer Tower at Pinnacle Drive
Homemade craft— 6 miles down river near Forwells Gravel Pit

Awards Presentation Edelweiss Tavern, 600 Doon Village Road, following the race.

For more information please call 748-5131



Orientation '92

Schedule of Events

Tuesday September 8

10:00 a.m. to 1:00 p.m. DSA info Fair, Door #4

10:00 a.m. to 2:00 p.m. Pick up Orientation kits, Doon Cafe

3 p.m. 7:00 p.m

Pond Party, Beach Volleyball tournament , outside Doon Cafe

Dunk the DSA, outside Doon Cafe

The Rhinos, Doon Cafe

Chance to win the Ultimate Bluejay package

7:30 p.m. Conestoga Nite at O'Tooles



Wednesday September 9

7:30 a.m. to 9:30 a.m. Pancake Breakfast Doon Cafe

11:30 a.m. to 12:30 p.m. Tug-of-war, outside. Balloon Toss, Popcorn dive

12:30 p.m. to 1:30 p.m. Free nooner, The Fred Show, Doon Cafe

4:00 p.m. to 5:00 p.m. Playfair, Rec centre

8:00 p.m. Outdoor movie, Wayne's World, Rec centre

Thursday September 10

11:00 a.m. to 1:00 p.m. Casino Lunch Doon Cafe

3:00 p.m. Car Rally, Parking Lot #4

8:00 p.m. to 1:00 a.m. Orientation Pub, Harem Scarem Doon cafe

Saturday September 12

8:30 a.m., 25th annual Boat Race Registration, Bridgeport Community Centre

Plan to join in on all the FUN

For more information, see Becky at the DSA Activities office



ATHLETICS

INTRAMURALS

WE NEED YOU!



SESSION 1:

NOTE: SIGN-UPS WILL TAKE PLACE AT DOON CAFETERIA ONE WEEK PRIOR TO ALL EVENTS!

ACTIVITY	SIGN-UPS OPEN	SIGN-UPS END	SCHEDULING MEETING	LEAGUE BEGINS	BOND AMOUNT	WHEN
COED SLO-PITCH	SEPTEMBER 8	SEPTEMBER 15	SEPTEMBER 16 AT 5:00 P.M.	SEPTEMBER 21	\$40.00	MONDAYS/WEDNESDAYS - 4:30 TO 7:30 P.M.
MEN'S FASTBALL	SEPTEMBER 8	SEPTEMBER 15	SEPTEMBER 16 AT 5:00 P.M.	SEPTEMBER 22	\$40.00	TUESDAYS - 4:30 TO 7:30 P.M.
COED ULTIMATE/THROTON	SEPTEMBER 8	SEPTEMBER 15	SEPTEMBER 16 AT 5:00 P.M.	SEPTEMBER 24	\$40.00	THURSDAYS - 4:30 TO 6:30 P.M.
CONTACT HOCKEY	SEPTEMBER 8	OCTOBER 6	OCTOBER 8 AT 5:00 P.M.	TBA	\$200.00 PER TEAM	TUESDAYS/WEDNESDAYS - 4:30 TO 7:30 P.M.

EXTRAMURAL MEN'S FASTBALL	AT CONESTOGA COLLEGE -- FRIDAY, OCTOBER 2 (ALL DAY)
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INTERCAMPUS TOURNAMENTS:	SIGN-UPS OPEN	SIGN-UPS END	TOURNAMENT DATE	COST
INTERCAMPUS CO-ED SLO-PITCH TOURNEY	SEPTEMBER 8	SEPTEMBER 16	THURSDAY, SEPTEMBER 17 4:00 TO 8:00 P.M.	\$40.00 PER TEAM
"OKTOBERFEST" OPEN GOLF TOURNAMENT	SEPTEMBER 8	SEPTEMBER 30	TUESDAY, OCTOBER 6 2:00 P.M. TEE OFF	\$20.00 PER PERSON

NOTE: ALL TEAMS MUST SEND A REPRESENTATIVE TO THE SCHEDULING MEETING ON SEPTEMBER 16 AT 5:00 P.M. AT THE RECREATION CENTRE. FOR MORE INFORMATION ON INTRAMURALS AND HOW TO GET INVOLVED, CALL 748-2512, EXTENSION 231 OR 386.

STUDENT ATHLETIC COMMITTEE (S.A.C.)

The Student Athletic Committee is made up of students from various programs at the College. They are hired to assist the Athletic Staff with all Intramural/Intercollegiate programs and are a very important part to the overall Athletic Program.

The Committee works hard to offer a variety of extracurricular activities throughout the year designed to allow students, faculty, staff and Alumni and Recreation Centre members opportunities for fun and to enhance social, psychological and physical well-being.

"A healthy mind and healthy body plus academics = a healthier happier student". SO GET INVOLVED- YOU'LL BE GLAD YOU DID.

S.A.C. is also involved in Student Leadership opportunities through an elective for Leadership as well as attending workshops and a seminar for College/University students from across Ontario. They are also involved in making presentations to various Highschool, College and University students throughout the school year.

Committee members may be reached at the Recreation Centre in the Intramural Office or by calling 748-3512, extension 231. Suggestions for new programs are always welcome.

* If you are interested in becoming involved as a S.A.C. member ask for more information at the Recreation Centre.

1992/1993 STUDENT ATHLETIC COMMITTEE (S.A.C.)	INTRAMURAL OPPORTUNITIES	CONESTOGA COLLEGE OFFICIALS ASSOCIATION
<p>PROGRAM CONVENORS:</p> <p>MEN'S CONVENORS: DARREN FRANCIS - LASA MARK SLANEY - LASA</p> <p>CO-ED/WOMEN'S CONVENORS: STEVE SCHMELTZLE - LASA MARLENE FORD - REC LEADERSHIP</p> <p>CONVENORS OF OFFICIALS: PAULA SOSSI - BUSINESS ACCOUNTING</p> <p>EXTRAMURAL/INTERCAMPUS CONVENOR: TRACY RYAN - LASA</p> <p>SERVICE CONVENORS:</p> <p>VARSITY/COMMUNITY (EXTERNAL) CONVENOR: JENNY VANDERZWAAG - REC LEADERSHIP</p> <p>VARSITY LIAISON (INTERNAL) CONVENOR: JEN McKNIGHT - CONSTRUCTION ENGINEERING</p> <p>PUBLIC RELATIONS/PUBLICITY: SHELLEY SAUL - GRAPHICS</p> <p>PROMOTIONS CONVENOR: DIANE MUNTOWSKI - BUSINESS MARKETING</p>	<p>INTRAMURALS (ALL POSITIONS ARE PAID)</p> <p>REFEREES AND SCOREKEEPERS: are required for most men's, women's and co-ed Intramural leagues. Programs include Co-ed Touch Football, Softball, Indoor Soccer, Men's Contact Hockey, and Non-Contact Hockey, Ball Hockey, Co-ed Broomball, Volleyball, Ringette and Basketball just to name a few. Programs run Monday through Friday from 4:00 p.m. to 11:00 p.m. and experience is not a necessity as we can train. Clinics will be provided prior to all sports. Hourly rates are paid for all positions.</p> <p>ATHLETIC COMMITTEE: positions will be available for the '93 school year beginning in January. If you want to become involved in assisting with the Intramural Program, then watch for details in the school newspaper "Spoke". Convanor positions will be open to assist with a variety of activities as well as assisting with scheduling, running special events, tournaments and much more. Honorariums are paid for these positions.</p> <p>FOR MORE INFORMATION, CALL THE COLLEGE AT 748-3512, EXTENSION 386/231.</p>	<p>C.C.O.A. - The Conestoga College Officials Association has been developed to improve the quality of officiating and to increase an interest in officiating, in hopes of creating a larger core of reliable officials.</p> <p>Members of the C.C.O.A. will include all officials at Conestoga College and these people will be recognized for their efforts. An Official of the Month will be chosen on the basis of their performance as an official of their sport.</p> <p>Clinics for each sport will be offered to all officials. This is an attempt to provide the most knowledgeable, well trained officials for the entire Intramural and Varsity Program. Through this newly developed association the Athletic Department hopes to provide trained officials for our Intramural and Varsity Programs.</p> <p>NOTE: ATHLETIC CALENDARS will be available during Orientation Week and also given out at classroom visitations. Please ask for your copy early in September - these can be picked up at the Recreation Centre - Athletic Office or at the sign-up table in the Doon Cafeteria.</p>

COMMUNITY PROGRAMS

FITNESS CLASSES (BEGINNING WEEK OF SEPTEMBER 21, 1992)

DATES	TIMES	LEVEL	COST FOR MEMBERS	COST FOR NON-MEMBERS
MON/TUES/WED/THURS/FRI	7:15 TO 8:00 AM	HIGH/LOW IMPACT	NO CHARGE	\$5.00 DAY PASS
MON/TUES/WED/THURS/FRI	12:15 TO 1:00 PM	HIGH/LOW IMPACT	NO CHARGE	\$5.00 DAY PASS
TUESDAY AND THURSDAY	4:40 TO 5:30 PM	HIGH/LOW IMPACT	NO CHARGE	\$5.00 DAY PASS

AEROBIC CLASSES (BEGINNING WEEK OF SEPTEMBER 21, 1992)

Don't delay! Join our new Aerobics Classes and feel better than you ever have! Each class runs for 12 weeks and is offered three days per week. Recreation Centre members and non-members must pre-register for these classes. **THESE CLASSES ARE OFFERED FREE OF CHARGE TO ALL FULL-TIME CONESTOGA COLLEGE STUDENTS; HOWEVER, YOU MUST REGISTER AND ENROLLMENT IS LIMITED.**

DATES	TIMES	LEVEL	COST FOR MEMBERS	COST FOR NON-MEMBERS
MON/WED/FRI	9:30 - 10:30 AM *	HIGH/LOW IMPACT	\$33.00	\$54.00
MON/WED/FRI	5:30 TO 6:30 PM	HIGH/LOW IMPACT	\$33.00	\$54.00
MON/WED/FRI	6:30 TO 7:30 PM	BENCH STEPPING	\$33.00	\$54.00

* CHILD CARE PROVIDED FOR CHILDREN FROM 3-6 YEARS OLD FOR 9:30 A.M. CLASSES ONLY! COST: \$12.00 PER 4 WEEKS OR \$36.00 PER 12 WEEK SESSION
REGISTRATION: ADVANCE REGISTRATION REQUIRED FOR CHILD CARE AND PAYMENT MUST ACCOMPANY REGISTRATION FOR EACH SESSION OR BY 4 WEEK INSTALLMENTS.



FITNESS INSTRUCTORS WANTED
FOR A VARIETY OF EARLY MORNING, DAY AND EVENING CLASSES!
F.O.L.P., Y.M.C.A. OR EQUIVALENT CERTIFICATION
SEND OR DROP OFF APPLICATION TO:
ELIZABETH MASK
CONESTOGA COLLEGE RECREATION CENTRE
299 DOON VALLEY DRIVE
KITCHENER, ONTARIO
N2G 4M4



FITNESS CONSULTATION
(Available from September 21, 1992)

Register NOW for your private 45 minute Fitness Consultation. This is not a Fitness Test, but rather a discussion on developing a healthier lifestyle for yourself through improved personal fitness.

COST: * \$17.00 PER CONSULTATION - RECREATION CENTRE MEMBERS
* \$22.00 PER CONSULTATION - NON-MEMBERS

WEIGHT TRAINING CONSULTATION
(Available from September 21, 1992)

Register NOW for your private 45 minute Weight Training Consultation. You will be shown the proper way to use weights as well as discussing how to develop your own personal weight training program.

COST: * \$17.00 PER CONSULTATION - RECREATION CENTRE MEMBERS
* \$22.00 PER CONSULTATION - NON-MEMBERS

* Register in advance by forwarding fee. Fee is non-refundable. We will schedule another consultation if the original is cancelled at least 24 hours in advance. If 24 hours advance notice of cancellation is not given, fee is forfeited.

WOMEN'S WEIGHT TRAINING CLASSES

Here's your opportunity to learn the proper techniques for weight training. Participants will be shown a complete program which will allow them maximum benefit. Included in these classes is discussion on proper diet and nutrition. This program is specifically designed for women. Don't miss it!

WHERE: CONESTOGA COLLEGE RECREATION CENTRE - WEIGHT ROOM
WHEN: OCTOBER 6 TO OCTOBER 29 - EVERY TUESDAY AND THURSDAY
TIME: 6:00 PM TO 7:30 PM
COST: \$77.00 - RECREATION CENTRE MEMBERS / \$88.00 NON-MEMBERS

REGISTRATION DEADLINE IS FRIDAY, SEPTEMBER 25, 1992!

MEN'S WEIGHT TRAINING CLASSES

Participants in these Weight Training Classes will learn the proper weight training techniques and will be shown a complete program which will allow them maximum benefit. Included in these classes is discussion on proper diet and nutrition. This program is specifically designed for men. Don't miss it!

WHERE: CONESTOGA COLLEGE RECREATION CENTRE - WEIGHT ROOM
WHEN: OCTOBER 6 TO OCTOBER 29 - EVERY TUESDAY AND THURSDAY
TIME: 7:30 PM TO 9:00 PM
COST: \$77.00 - STUDENT/RECREATION CENTRE MEMBERS / \$88.00 - NON-MEMBERS

REGISTRATION DEADLINE IS FRIDAY, SEPTEMBER 25, 1992!

INTRODUCTION TO REPELLING

This series of clinics designed for the novice level climber will introduce participants to the techniques of Repelling. Experience the thrill of repelling down a rock face. Instructions include three hours of classroom and indoor instruction as well as two 8 hour outdoor training sessions.

WHERE: CONESTOGA COLLEGE RECREATION CENTRE (1ST CLINIC ONLY)
WHEN: FRIDAY, SEPTEMBER 25 7:00 PM TO 10:00 PM
SATURDAY, SEPTEMBER 26 9:00 AM TO 10:00 PM
SUNDAY, SEPTEMBER 27 9:00 AM TO 5:00 PM
COST: \$139.00
NOTE: PARTICIPANTS WILL BE EXPECTED TO PROVIDE THEIR OWN TRANSPORTATION TO TRAINING SITE AND WILL NEED TO PROVIDE THEIR OWN HELMETS, GLOVES, AND WORK-TYPE BOOTS.

REGISTRATION DEADLINE IS FRIDAY, SEPTEMBER 11, 1992!

HANG GLIDING

Experience the adventure of soaring on silent wings! Hang Gliding is the least expensive aviation sport and is the closest you can possibly come to flying as freely as the birds do! This program includes 4 ground school training sessions and 1 outdoor training site. Helmet and outdoor glider are provided as well as the Level I Training Manual. Completion of this program gives you membership in the Ontario Hang Gliding Association.

WHERE: CONESTOGA COLLEGE RECREATION CENTRE
WHEN: TUESDAY OCTOBER 6, 13, 20, 27
TIME: 7:00 PM TO 9:00 PM
COST: \$305.00 - RECREATION CENTRE MEMBERS / \$316.00 - NON-MEMBERS

REGISTRATION DEADLINE IS FRIDAY, SEPTEMBER 25, 1992!

SELF DEFENCE FOR WOMEN

Especially designed for women, this self defence course will employ various martial arts forms. General self defence as well as escape, striking and grappling techniques will be presented.

WHERE: CONESTOGA COLLEGE RECREATION CENTRE
WHEN: SEPTEMBER 26 TO NOVEMBER 1 - SATURDAY MORNINGS (NO CLASS OCTOBER 10)
TIME: 10:00 AM TO 11:30 AM
COST: \$43.00 - RECREATION CENTRE MEMBERS / \$54.00 - NON-MEMBERS

REGISTRATION DEADLINE IS FRIDAY, SEPTEMBER 11, 1992!

TAI CHI

Come and experience this gentle form of Oriental exercise, meditation and self-defence. A simple and enjoyable system to help you improve your fitness level, strength, flexibility as well as your mental wellness through the slow, gentle movement of Tai Chi.

WHERE: CONESTOGA COLLEGE RECREATION CENTRE
WHEN: TUESDAY EVENINGS - SEPTEMBER 22 TO DECEMBER 14
TIME: 7:30 PM TO 9:00 PM
COST: \$54.00 - RECREATION CENTRE MEMBERS / \$65.00 - NON-MEMBERS

REGISTRATION DEADLINE IS FRIDAY, SEPTEMBER 11, 1992!



ATHLETICS

WELCOME!

On behalf of the Athletics and Community Programs staff, I welcome you as you enter the 92/93 academic year.

We have an exciting year planned in the Intramural/Extramural Programs and our Intercollegiate Teams, the Condors, are going to soar to new heights in O.C.A.A. and C.C.A.A. competition.

We also plan to offer a variety of Fitness and Healthy Lifestyle Programs that you as students can take advantage of.

Enjoy your year; we wish you every success in your academics, but remember, a healthy mind needs a healthy body.

Dan Young
Supervisor of Athletics and Community Programs

YOUR ATHLETICS STAFF:

BARB McCAULEY - ATHLETIC PROGRAMS CO-ORDINATOR
DOUG PERKINS - ATHLETICS OFFICER
ELIZABETH MASK - COMMUNITY PROGRAMS/FITNESS CO-ORDINATOR
DOUG WATSON - EQUIPMENT ROOM ASSISTANT
TBA - ATHLETIC PROGRAM ASSISTANT
TBA - ATHLETIC PROGRAM ASSISTANT

RECREATION SERVICES

As a full-time diploma student at the Doon Campus you have paid your membership fees to the Conestoga Recreation Centre as part of your tuition. We welcome all other students, both full-time and part-time, to take advantage of the Recreation Centre by purchasing a special Student Membership.

THE CONESTOGA COLLEGE RECREATION CENTRE OFFERS THE FOLLOWING FACILITIES:

- | | |
|---------------------------------|--------------------------|
| • AN OLYMPIC-SIZE ARENA | • DOUBLE GYMNASIUM WITH |
| • A FITNESS GYM | - 2 SINGLE GYMNASIUMS |
| • 2 AMERICAN-SIZE SQUASH COURTS | - 2 BASKETBALL COURTS |
| • 4 LIGHTED TENNIS COURTS | - 3 VOLLEYBALL COURTS |
| • 3 SOFTBALL DIAMONDS | - 8 BADMINTON COURTS |
| • A SOCCER PITCH | - 1 INDOOR RUNNING TRACK |
| • A 400M SPEEDSKATING OVAL | • 4 HORSESHOE PITS |
| • A LOUNGE | • A CLASSROOM |

PRIVILEGES OF MEMBERSHIP:

AS A STUDENT MEMBER OF THE RECREATION CENTRE YOU MAY TAKE PART IN:

FREE SHINNY HOCKEY	MONDAY, WEDNESDAY, THURSDAY, 11:30 A.M. TO 1:30 P.M.
	FRIDAY
FREE PUBLIC SKATING	TUESDAY 11:30 A.M. TO 1:30 P.M.
	SUNDAY 2:00 P.M. TO 3:00 P.M.
FREE GYM USE	DURING UNSCHEDULED TIMES
FREE FITNESS CLASSES	MONDAY TO FRIDAY 7:15 A.M., 12:15 P.M., 4:40 P.M.
FREE SQUASH COURT BOOKINGS	NO COURT FEES AND 7 DAY ADVANCE BOOKING PRIVILEGES
FREE INTRAMURAL LEAGUE PARTICIPATION	
REDUCED RATES COMMUNITY RECREATION PROGRAMS	
SPECIAL RATES GYM AND ARENA BOOKINGS	

FOR ACCESS TO THE RECREATION CENTRE SIMPLY PRESENT YOUR STUDENT CARD OR MEMBERSHIP CARD AT THE RECEPTION DESK.
LOCKS ARE AVAILABLE FOR USE DURING YOUR STAY BY REQUESTING ONE FROM THE RECEPTIONIST.



ATHLETICS

INTER-COLLEGIATE



"GO WITH THE CONDORS"

WE OFFER 8 INTERCOLLEGIATE SPORTS AT CONESTOGA COLLEGE. THEY ARE WOMEN'S SOFTBALL, WOMEN'S BASKETBALL, WOMEN'S VOLLEYBALL, WOMEN'S SOCCER (INDOOR AND OUTDOOR), MEN'S HOCKEY, MEN'S SOCCER (INDOOR AND OUTDOOR), MEN'S VOLLEYBALL, AND MEN'S BASKETBALL. OUR TEAM NICKNAME IS "CONDORS".

WE COMPETE IN THE ONTARIO COLLEGES ATHLETIC ASSOCIATION (O.C.A.A.) AND ARE MEMBERS OF THE CANADIAN COLLEGES ATHLETIC ASSOCIATION (C.C.A.A.).

OUR TEAMS ALSO COMPETE AGAINST UNIVERSITY AND CLUB TEAMS IN ONTARIO AND IN THE UNITED STATES.

WE LOOK FORWARD TO SEEING YOU AS AN ATHLETE OR AS A SPECTATOR AT THE CONDOR GAMES.

1992 VARSITY TRY-OUT DATES

INTERCOLLEGIATE TEAMS

WOMEN'S SOCCER
MEN'S SOCCER
WOMEN'S SOFTBALL
MEN'S HOCKEY
MEN'S BASKETBALL
WOMEN'S BASKETBALL
MEN'S VOLLEYBALL
WOMEN'S VOLLEYBALL

FIRST TRY-OUT DATE

TUESDAY, SEPTEMBER 8 - 4:30 P.M.
TUESDAY, SEPTEMBER 8 - 4:30 P.M.
WEDNESDAY, SEPTEMBER 9 - 4:00 P.M.
MONDAY, SEPTEMBER 14 - 5:00 P.M.
MONDAY, SEPTEMBER 28 - 7:00 P.M.
MONDAY, SEPTEMBER 28 - 5:00 P.M.
MONDAY, OCTOBER 5 - 9:00 P.M.
MONDAY, OCTOBER - 9:00 P.M.

COACHING STAFF

GEOFF JOHNSTONE/CATHY RYAN/VINCE ALVIANO
GEOFF JOHNSTONE/DUANE SHADD
BECKY BOERTIEN/TRACEY GIMBY
DAN YOUNG/RON WOODWARD
MARTY KINGS/DAVE LACK
FRED HUMPHREY
HUGH SR. BROWN/MARG SMITH
KIM VINCENT/TRACEY GIMBY

NOTE: CONTACT THE COACH OR ATHLETIC OFFICE AT 748-3512, EXTENSION 386 IF YOU ARE NOT ABLE TO BE AT THE FIRST PRACTICE.

THE CONESTOGA COLLEGE ATHLETIC SCHOLARSHIP PROGRAM

Conestoga College Athletics may award Athletic Scholarships to athletes on Intercollegiate Teams each academic year or academic semester.

The calibre of athlete selected shall be an "impact" athlete that is an athlete who by their athletic skills, attitude and general leadership, upgrade the skill level of the team.

An objective of the Athletic Scholarship Program is to place our Intercollegiate Teams in the top 15 of the C.C.A.A. Ranking System.

Another objective of our Scholarship Program is to place our teams in serious contention for O.C.A.A. and C.C.A.A. Medals.

In order for recipients to receive athletic scholarship monies, they must pass all courses in which they are enrolled in each academic semester and complete all team functions in a manner satisfactory to the coach.

Varsity Opportunities

Many part-time jobs exist in the Recreation Services Department providing students with an opportunity to earn some extra money and benefit from a productive learning experience. Positions are open to all Conestoga students and opportunities range from officials and scorekeepers, just to name a few. Why not spend a few hours a week making new friends, earn some extra income and have some fun while at Conestoga?

Varsity

Timekeepers: are required for Varsity Basketball games (men's and women's) as well as for the Varsity Hockey Games. All schedules begin around mid-October and run through until March.

Assistant Trainers: are required for Varsity teams which include the following: Men's Soccer, Women's Softball, Men's Hockey, Women's Soccer, Men's and Women's Basketball, and Men's and Women's Volleyball. If you have an interest in sports and obtaining your First Aid Certificate then you may be interested in one of these positions. Some programs begin the first week of September so inquire early. Honorariums vary.

For more information on schedules and times call the College at 748-3512, extension 385 or 386.

What is CAPE?

The C.A.P.E. (Campus Alcohol Policies and Education) program at Conestoga College is in its fourth year of operation. The program is aimed at the prevention of alcohol problems on campus and geared towards all members of the College community.

The primary purpose of the program is to reduce the incidence of drinking behaviours which are associated with student health and social problems.

C.A.P.E. attempts to define the line between responsible drinking and alcohol abuse. The program initiates alcohol awareness by pointing out the problems and providing direction for those seeking solutions.

The help you understand what C.A.P.E. is two theme weeks are planned throughout the year.

"New" this year will be the addition of a CAMPUS ALCOHOL POLICIES AND EDUCATION COMMITTEE.

If you would like to be a representative on this committee, please call 748-3512, extension 231.

Conestoga's 11th annual Car Rally Thursday September 10, 1992



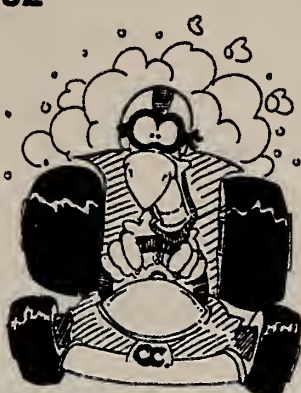
Start your engines at 3:00 p.m.



Parking lot #4

Awards presentations at 6:30 p.m.

at the Edelweiss Tavern
Homer Watson and Doon Village Road



Information and registration forms available at the DSA Activities Office

Free Nooner

Featuring

The Fred Show

Wednesday September 9

12:30 p.m. till 1:30 p.m.



Doon cafeteria

Entertainment at its best

The Doon Student Association is now accepting applications for the position of Entertainment crew.



Positions involve assisting the entertainment manager
with set-up and tear-down of entertainment equipment
and staging.

For more information, contact Bruce
at the DSA office, or call 748-5131

Are you enthusiastic and creative and do you enjoy having fun?

Then get involved in student activities

The Doon Student Association is accepting applications

for Assistant Activities Coordinator

**Start your College years off
by getting involved TODAY!**

Application Deadline: Sept. 18, 1992



For more information see Becky at the DSA Activities office

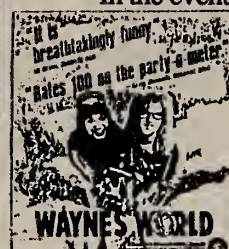
or call 748-5131

Orientation '92 Outdoor Movie Night Wednesday September 9 8:00 p.m. Recreation Centre

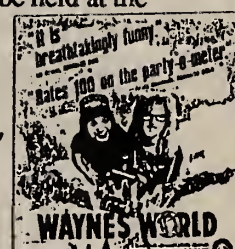
Admission \$3.00

Tickets available at DSA Activities office

In the event of rain the event will be held at the



Doon
Cafeteria



is a unique blend of:
audience participation, comedy routines, non-
competitive adult play experience and newly
created group dynamic exercises.

At Conestoga College

Wednesday September 9

4:00 p.m. Recreation Centre



Here is what they are saying.....

"...everyone who participated had a wonderful feeling about themselves and a better attitude towards college life..."

Felix Lostracco, Social Convenor, Niagara College

"What a FANTASTIC way to meet a large number of new friends...everyone joined the fun:
first year students, mature students, disabled students..."

Shelly Musgrove, President SA, Red Deer College

Plan to attend the event of the year

Pizza party to follow the event at 5:30 p.m.

Get involved with your student government

Become a member of the Board of Directors

First meeting Tuesday, September 29, 4:00 p.m.



Room To be announced

One voting member per program per year

For more information see

Steve Tremblay VP Administration at the DSA office

Kitchener Transit passes on sale

Tuesday September 8

Thursday September 10

Monday September 14



Door #3

10:00 a.m. till 2:00 p.m.

Cost is \$154.00 for a four-month pass

Photo identification cards are available for only \$4.00

Meet the DSA

Sutherland has big plans for fall

1st in a series on the DSA
By Neil Wells

Todd Sutherland, this year's president of the Doon Student Association (DSA), said he has big plans for his term of office. Sutherland, 27, was acclaimed president after his only opponent was disqualified from the election for not maintaining the minimum C average grade requirement.

The new president took office May 1, and will hold the position for one year. He is a third-year marketing student who also works the night shift at Colonial Cookies in Kitchener.

"The job of president has turned out to be a lot of fun," said

Sutherland. "I didn't know what I was getting myself into."

He said the job involves a lot of meetings and planning, and occasionally he gets to cast a deciding vote. Apart from his plans for the many orientation events in September, Sutherland has other ideas for Doon campus.

He wants CXLR to be broadcast in Dooners and a microwave installed in the cafeteria for use by students. He also wants a mobile sign outside the college to announce upcoming events, and more off-campus pubs.

Sutherland said he puts in about 10 hours a week and receives a \$1,400 honorarium for the one-year term.



Peer Tutors needed for Sept. 92

Qualifications

- A or B in completed subjects
- Enjoy working with people
- Strong communication skills

Benefits

- Develop new skills
- Useful on resume
- Wages of \$7 per hour

Tutors have said

"Gained confidence in myself"
"Satisfying seeing the improvement in student's marks"
"Great experience"

Information and Applications available from Student Services



Lost?
Confused?

WATCH FOR
RED SWEATERS

PEER HELPERS
wearing them are available to help!

Peer Tutoring Quiz

Check boxes that apply

- ☐ *Feeling lost during lectures
- ☐ *Struggling with homework
- ☐ *Poor test results

IF YOU HAVE CHECKED ANY OF
THE ABOVE, YOU COULD BENEFIT
FROM TUTORING

\$7 for five hours of subject specific tutoring

Apply at Student Services, 2B13

REMINDER

STUDENT I.D. CARDS
DOON CAMPUS

Student I.D. photographs will be taken,
and cards issued
August 31 to September 18,
8:00 a. m. to 4:00 p.m.
in Room 2B21

*It is your responsibility to ensure
you have a student I.D. card.*

The card is needed to gain access to
various College services.

One person is to be elected as a member of the Conestoga College of Applied Arts and Technology Board of Governors from the College's Support Staff members. Eligibility is as follows:

All persons employed by the Board of Governors on a full time or part time basis who are neither an academic nor an administrative staff member.

Term of Office: January 1, 1993 to August 31, 1995

The terms of reference for this elected internal member are the same as those for externally appointed members of the Board of Governors. Nomination forms will be distributed the week of September 14, 1992. Nomination forms will also be available in the Office of the Secretary-Treasurer of the Board (Kevin Mullan).

Closing date for nominations:

October 9, 1992

List of nominees to be posted on campus bulletin boards on October 21, 1992.

Election Date - November 18, 1992

SPORTS

Athletic season begins

By K. Stephen Ross

It is the beginning of the new school year and also the beginning of a new season of athletics at Doon campus.

Students can sign up for a number of varsity and intramural activities offered through the Kenneth E. Hunter Recreation Centre.

Conestoga has eight varsity teams which give students an opportunity to compete in athletics while completing their scholastic program. For women there are soccer, softball, basketball and volleyball teams. The men play soccer, hockey, basketball and volleyball.

For those wishing to participate in sports at a non-competitive level, there are four intramural activities available: men's fastball, co-ed slo-pitch, co-ed ultimate-throton (a combination of football and frisbee) and contact hockey. All need people to form teams for the new season.

Dan Young, supervisor of athletic and community programs, said the intramural programs have been increasingly successful over the last five years.

"We have seen a gradual increase in the number of students participating in our various programs," said Young. "Last year, we had 2,100 students involved, compared to 1,850 the year before."

Young attributed the popularity of the programs to the hard work of Barb McCauley and the Students Athletic Committee (SAC).

The SAC consists of students from various programs and they are responsible for organizing and operating the intramural leagues.

Young said intramurals are changing to meet the student needs, which are tabulated through student evaluations done at the end of the season.

Last year co-ed volleyball was

the most popular among students, along with men's ball hockey and co-ed slo-pitch, said Young.

Social contact and exercise, he said, are reasons that students participate in intramurals. "Students can meet students from other programs and at the same time get a workout on a regular basis."

Recreational leadership student Jen Vanderzwaag was a student athlete last year. She said she enjoyed representing her school and meeting new people.

Vanderzwaag also participated in intramurals. She said there is a different feel to the intramurals, "more of a fun atmosphere while gaining exercise (than the competitiveness of varsity)."

All Conestoga's varsity teams are expected to be competitive this year, especially women's softball, the soccer teams and the men's hockey club, said Young.

Young said the coaches have worked hard to recruit student athletes, working within a framework set

down by the colleges which regulates recruiting practices.

"We make potential student athletes aware of the many advantages of attending Conestoga College, including the available student services and the fact that we have the finest recreation facility in the province," said Young.

When convincing prospective student athletes to attend the college, Young said Conestoga recruiters tell them several things.

"We let them know about Conestoga's excellent academics, our good schedule combining athletics and education, the interesting people they will meet while attending Conestoga and the quality of coaching they will receive," he said. "We tell them that Conestoga's philosophy is that we are here to serve the students."



Ask about our
Specials
See our ad in
the Pennysaver

576-3587



STUDENT SPECIAL

1 year Membership \$125.00

Office Hours Monday to Thursday 6 to 9 p.m.

222 King Street East

Kitchener (next to O.W.Sports)

Black Belt Instructor

Traditional Karate

Self Defence

Lifetimes Skills

Kid's Karate

Strength of character
and Physical Ability

LEARNING RESOURCE CENTRES (LIBRARY AND AUDIO-VISUAL)

Learning Resource Centre services vary depending upon your campus, your needs and available equipment. But, whatever your location, you'll find LRC staff who are knowledgeable and eager to help you. Whether you need assistance with library usage or with audio-visual access, you'll find LRC staff members "user friendly".

HOURS OF OPERATION - SEPTEMBER TO APRIL (INCLUSIVE)

See individual Resource Centres for summer hours

DOON	8:00 a.m. - 8:30 p.m. Monday - Thursday 8:00 a.m. - 4:30 p.m. Friday 1:00 p.m. - 4:00 p.m. Sunday
GUELPH	8:00 a.m. - 7:30 p.m. Monday - Thursday 8:00 a.m. - 4:00 p.m. Friday
WATERLOO	8:00 a.m. - 7:30 p.m. Monday - Thursday 8:00 a.m. - 2:30 p.m. Friday
STRATFORD	8:00 a.m. - 1:00 p.m. and 1:30 p.m. - 4:30 p.m. Monday, Tuesday and Thursday 12:00 noon - 4:00 p.m. and 4:30 p.m. - 7:30 p.m. Wednesday 8:00 a.m. - 12:00 noon Friday

Come in and see what your Learning Resource Centre can do for you!

Organizers set deadlines for team sign-ups and try-outs

By K. Stephen Ross

Try-out dates for Conestoga College's varsity squads have been announced by the athletic office at the Kenneth E. Hunter Recreation Centre.

On Tuesday, Sept. 8, those wishing to try out for the men's or the women's soccer teams should be on the soccer field outside the Recreation Centre at 4:30 p.m.

Men's hockey try-outs begin Monday, Sept. 14 at 5 p.m.

Try-outs for the women's softball team start at 4 p.m. on Wednesday, Sept. 9.

Both the women's and men's basketball camps open Monday, Sept. 28, the women at 5 p.m., the men at 7 p.m.

At 9 p.m., Monday, Oct. 5,

first try-outs will be held for men's and women's volleyball.

Students are asked to contact team coaches or the athletic office at Ext. 386 if they are not able to be at the first practice.

Dates for intramural activities have also been announced.

Students have up to one week after the initial sign-up date to register for all the activities, including co-ed slo-pitch, men's fastball, co-ed ultimate-throton (a combination of football and frisbee) and contact hockey.

There is a \$40 bond to be paid for co-ed slo-pitch, men's fastball and co-ed ultimate-throton, and a fee of \$200 per team for men's contact hockey.

All sign-ups for intramurals are scheduled to begin Tuesday, Sept. 8 in the Doon cafeteria.

Fund aims to create new jobs

By Sandra Schuett

Conestoga College has been selected to act as a broker for the Jobs Ontario Training Fund (JOTF), which aims to help create 90,000 jobs across Ontario over the next three years.

The \$1.1 billion program was created to give longtime recipients of social assistance the opportunity to upgrade their skills and find jobs.

It was announced at a July 24 press conference that the training and development department of Conestoga's Guelph campus will act as a steering committee, matching applicants with prospective employers and helping them find

training institutions where they can update job skills. The steering committee is in the process of being organized.

The Minister responsible for JOTF, Richard Allen, said in a news release that "local ongoing organizations are among those best placed to identify and respond to the training needs of business and unemployed workers."

The fund provides \$10,000 to companies for every new job they create and they are allowed to use half that amount to train current employees.

Ellen Murphy, of the Ontario Skills Development office, who is temporarily helping the college put

the program in place, said the fund will be administered out of Guelph. Wellington County and area employers have the potential to create 940 new jobs, she said.

Conestoga is one of several provincial brokers that will tap the fund. The JOTF news release said the program would be available by mid-August. JOTF will hold as many as 20,000 subsidized daycare spots and thousands of seats for refresher training, according to release.

Fifty per cent of the positions will be offered to people on social assistance and the other half will go to those whose unemployment insurance benefits have run out.

WSA going all-out for frosh festivities

By Troy Bridgeman

Despite concerns about a shortage in its budget, the Waterloo Student Association (WSA) has no intention of "cheaping out" on orientation week events, said WSA president Rob Nicol.

Nicol said the council is spending about \$1,000 more on Frosh week than was spent last year.

The seven council members agreed to donate their first-term honorariums, which are \$100 per person, in an attempt to offset what Nicol said is a shortage in the WSA budget of \$4,275 from last year.

A WSA report presented to the Doon Student Association (DSA) said even though the Waterloo campus is smaller than Doon it shouldn't have to offer students second-rate activities or sub-standard facilities.

On Sept. 8 there will be a meeting to introduce students to the

WSA executive. There will be a used book sale and frosh kits will be sold for \$2 each.

On Sept. 9, from noon to 4 p.m. there will be a beach party on the Waterloo campus with radio station AM109 supplying the music. The party will include volleyball games, a barbecue and shallow diving pools.

The beach party continues at the same time the next day with Kitchener ska-rockers, the Rhinos, performing, "live on the beach."

Also on Sept. 10, swimming and volleyball are scheduled. That night, students are invited to Quinn's Pub at the King Centre on Charles Street in Kitchener where there will be a free buffet with prizes.

Sept. 11 is recovery day with a party in the Waterloo campus cafeteria. Music will be supplied by D.J. Dr. Music.

The WSA is hoping people will volunteer to help with the week's festivities.

Former NHL goalie teaches technique to hockey hopefuls

By Gary Wiebe
Special to Spoke

Former NHL goalkeeper Rick Heinz was a busy man this summer. The 38-year-old former St. Louis Blue and Vancouver Canuck ran a one-week goal tending school for about 25 future NHL prospects at the Kenneth E. Hunter Recreation Centre at Conestoga College.

The school, for youngsters aged eight to 16, ran from Aug. 2 - 7.

Heinz, who operates hockey schools in 13 cities in Canada and the U.S., started out by working for the Can-Am and Huron Hockey schools. This was his third year running his own school.

Heinz said a good staff is the key to his school's success. "Parents come to me and tell me we're doing a fine job."

Staff at the Doon campus school

included Kitchener Ranger goalie Mike Torcchia; London Knights goalie Dave Schill; and Todd Harvey, a two-time Junior B all-star, currently with the Detroit Ambassadors.

The school cost \$325, including three hours a day of ice time, as well as daily contests in which youngsters competed for goalie sticks and trappers and blockers.

Though Heinz's schools are mainly for youngsters, he recounted the time in Detroit when a 35-year-old signed up so he could practise playing for an oldtimer's league.

Apart from his school, Heinz is also a player agent, representing Jason Haysley, recently drafted by the Windsor Spitfires of the Ontario Hockey League and Jeff Sajeko, drafted by the Ottawa 67s.

Heinz said the most dangerous

NHLer to shoot against him in goal was Wayne Gretzky until Mario Lemieux joined the league.

The hardest shots he faced were from Al McGinnis. The toughest teams he faced were the Boston Bruins and the Philadelphia Flyers.

Medical carts purchased

By Cara-Mae Hackett

Approximately \$2,000 has been used from the Health Sciences budget to purchase two medical carts for fifth-semester diploma nursing students which will be ready for use in time for the returning students in September.

The carts "are just over \$1,000 each," said nurse technologist Bev Barr. "The price hasn't gone up since we purchased (the two carts currently owned) five years ago."

The carts will be used in life-like representations of treating patients in hospital and dispensing medication.

Since hospitals are experiencing financial difficulty, more on-campus training will take place. "Our students will have more lab work and time here," support staff member Barr said.

Each cart is equipped with a narcotic drawer, that can be opened with one specific key, and 24 pull-out drawers which lock and unlock with any medical cart key.

The carts must be kept locked, because they contain medication for 24 patients, syringes and more.

The two college carts currently in use have been labelled with the names of 24 patients with a set number of medications and dosages to make the students training as realistic as possible.

"We feel the students should

learn in here, not on the patients (during their pre-graduate work at hospitals)," Barr said.

St. Mary's and K-W hospitals donate a small number of empty medication containers to the college which the students use in their training along with 200 pill bottles the college has purchased to place in the new medical carts.

The bottles, and their contents, do not need to be re-filled often, said Barr.

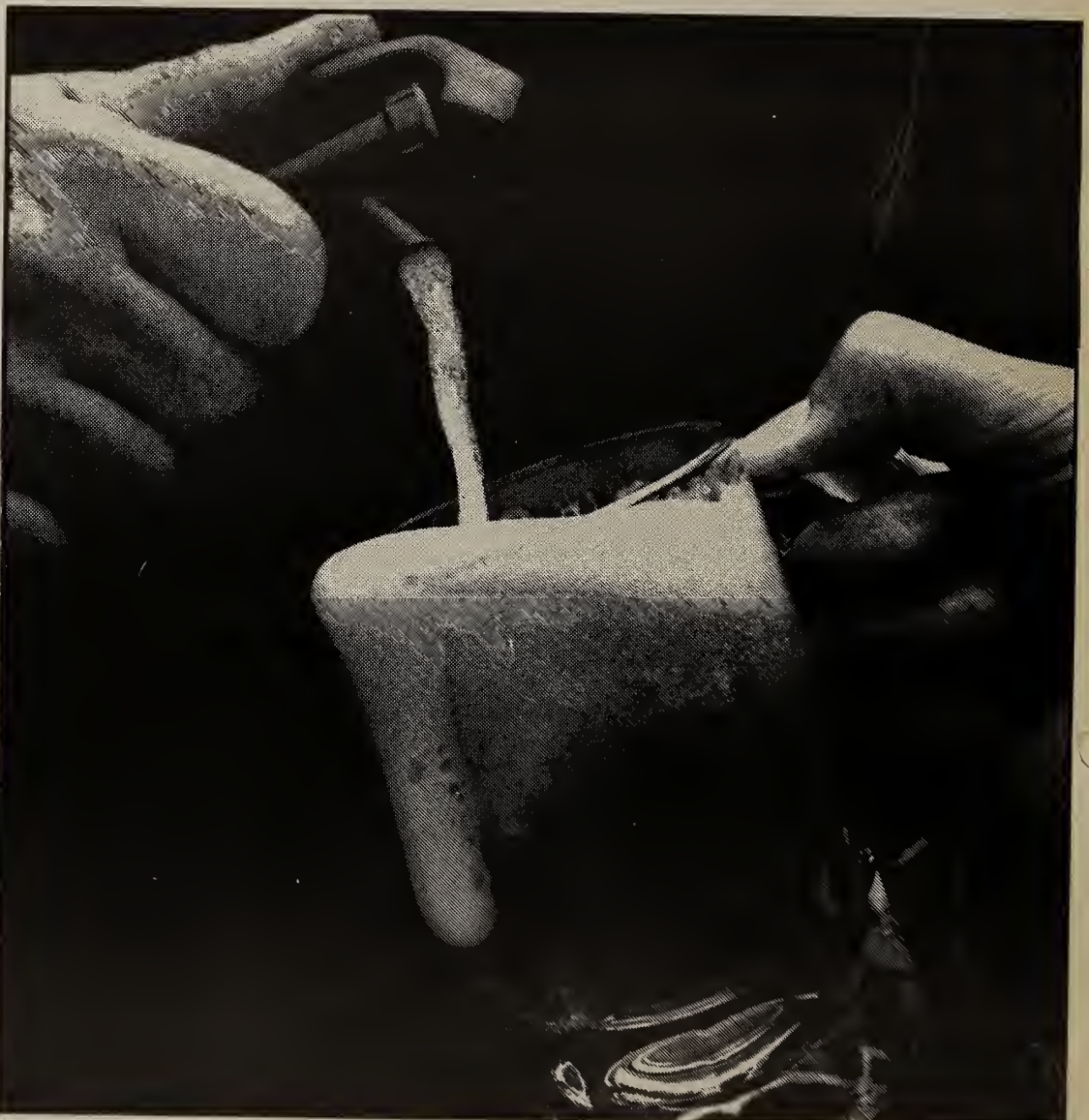
The contents are candies like Smarties, Tic-tacs, Sweet tarts and anything else about the size of real pills.

The students playing the patients do not often get to eat the candies. "It's more a pretend thing," Barr said. "Otherwise, it would be just like a candy factory here."

Barr said she has never thought about non-perishable substitutes for the candies.

Once a student has been taught to administer pills, they do a "re-demonstration" for their instructor and the pretend patient does take the dosage from the nurse. In all other cases, the "pills" are returned to their containers.

The "pills" taken by the students in the "re-demonstrations" are fresh ones, not the ones from the bottles that have been extensively handled. Barr said she was not "sure if I'd want (students) eating those candies."



90% of campus rapes start here.

Whenever there's drinking or drugs, things can get out of hand. So it's no surprise that most campus rapes involve alcohol.

But men should know that under any circumstances, sex without the other person's consent is considered rape. A felony, punishable by prison. And drinking is no excuse.

That's why, when you party, it's good to know what your limits are. You see, a little sobering thought now can save you from a big problem later.

Faces of Racism

A four-page supplement by the semester three journalism class

Inter-racial marriages work against odds

By Lori Liphard

There are more advantages than disadvantages when marrying someone of a different culture, two inter-racially married couples say.

"The tremendous advantage of marrying someone of a different culture is that you get to know someone of a different culture!" exclaims Graham Gladwell, of Elmira.

Graham is British and his wife Joyce is Jamaican. Married 34 years, they met each other while attending London University in England.

"You see, every marriage is mixed. Every person comes (into the marriage) with a different set of rules."

Education brought Ben and Kimberley Eng, both 26, together too. They have been married four years and live in Waterloo. Ben's background is Chinese, and Kimberley is caucasian with a German background. They were both attending Carleton University in Ottawa. When they met Ben was looking for a tenant, and Kimberley needed a place to stay.

Kimberley is enrolled in the nursing program at Conestoga College, Doon campus. Ben graduated from construction engineering at the college in June.

Kimberley explains she has grown to be more accepting and understanding of someone of a different ethnic background since she married Ben.

"I've never had a racial problem before," she says. "Ben grew up with the racism." She says after listening to Ben talk about his childhood, she understands better what it must have been like to be a member of a non-white ethnic group.

Ben says while growing up, as far as he knew, his family was the only Chinese family living in Angus, Ont. The village wasn't exactly enlightened, Ben describes. He says he received a lot of name calling.

Ben says, in his experience, people with more education are tolerant of those in mixed-marriage or -dating situations. Graham's experience has been the opposite since he hasn't seen many inter-racial marriages in the university communities, although there are friendships there, he says.



Kimberley and Ben Eng's son, Aleksandr, is proof mixed marriages work.

(Photo by Lori Liphard)

Joyce, who grew up in Jamaica, says it was quite common for people from Jamaica to inter-marry.

"People in Jamaica come from different parts of the world," Joyce says. "The majority of people in Jamaica are black, but there are also Spanish and Oriental people living there."

"When someone is Jamaican, you never know what they will look like!" Graham exclaims. They see Jamaica as an inter-racial place. However, British culture prevails.

Joyce and Graham fell in love one week before Joyce finished university. She left to go back to Jamaica in 1956. They became engaged through letter one year later. In 1958 they were married.

"They (Graham's parents) were worried we would not fit into English society. They also thought it wrong for a person of one race to marry one of a different race. My father was particularly upset by this," Graham explains. He recalls vividly the long letters he received from his father, discouraging him from marrying Joyce. By the time Graham and Joyce were engaged "they (Graham's parents) accepted it because they had realized they couldn't do anything else," Graham explains.

ham explains.

Joyce has written a book, "Brown Face, Big Master," published in 1969, about God and the issue of color for her.

"It was a book which I had to write," she says. "The experience of going to boarding school (in England) had such a positive effect on my life." It introduced her to people who identify with her experience, but have other reasons for feeling different. She had to turn her back on Jamaica and learn British ways.

Joyce says the book was difficult to write and brought back tearful memories. She says she wrote feelings about her school experience in her book that she had not previously shared with anyone.

"For me, I've sort of dropped the issue of color. It's sort of faded. It was much more important at that time," Joyce explains.

Graham and Joyce's belief in God is very important to them because in God's eyes, no one is different.

Joyce works at Woolwich Interfaith Counselling Centre as a marriage and family therapist. Graham is a mathematician in the civil engineering department at the University of Waterloo.

Kimberley thinks society probably discourages inter-racial marriages though she did not feel discouraged from marrying Ben. "I married him because he was a person. All I knew was that I wanted to marry him," she says. "They (society) weren't marrying him, I was."

Ben says he wants to be a part of society, rather than be treated like a specimen under a microscope.

"I'd say I was singled out a lot as a child," he says softly. "It's just a stage you want to get over and get on with your life."

Ben and Kimberley describe the feeling of "wait until you have kids!"

"Kids put a strain on a marriage, no matter what race you are!" exclaims Ben.

They have a nine-month-old son, named Aleksandr. With Ben and Kimberley of different races, "it all feels like one little melting pot (with Aleksandr)," Kimberley says cheerfully. "Children are just proof that it works," she says. But some people stare. Some say Aleksandr looks caucasian, while others say he looks Oriental.

"I call him middle-of-the-road," Ben says. Kimberley's parents' worry was "what if the baby looks different?"

However she says, "He's a pretty smart little guy. At nine months, he's walking. He's very bright."

"The spelling of Aleksandr's name is unique," they say.

Kimberley's background is mixed Russian-German. The name's origin is Russian.

"I think Aleksandr will be more understanding (of interracial mixed families). He gets a blend of east and west at the same time," she says.

The different foods are one way Aleksandr gets a taste of two different cultures. In Chinese culture, he will learn to use chopsticks and how to speak Chinese.

New Year's is a significantly different cultural celebration. The Chinese New Year's is the beginning of February, instead of January.

In Graham's and Joyce's marriage, Graham's father feared he and Joyce would have black children. But, the color of Graham's and Joyce's children was not an issue for them.

Graham and Joyce say it's not their decision whether or not their three sons, Graham, 33, Geoffrey, 31, and Malcolm, 28, marry someone of a different culture.

Ben and Kimberley won't object to Aleksandr marrying someone of a different culture. But Ben and Kimberley worry about their child being the focus of racial hatred.

"We worried before we ever had him," Ben says. If they had a girl, they would have made sure she took self-defence as she grew older.

"There's a lot of racism in Jamaica," Joyce says. She describes white children as being victimized by the majority of black children on the bus.

"It is no longer desirable to be white in Jamaica," Joyce adds.

Ben and Kimberley say people in Kitchener-Waterloo are generally accepting of mixed marriages, but sometimes they stare. At first it made her feel awkward but she expected it.

"After, it becomes a joke," she chuckles.

Kimberley says they both used to wonder how many stares they would receive in public but adds they have not actually counted. Rather, Ben actually makes fun of them when they look. "It's the 1990s, wake up."

"After awhile, you have to stop taking it seriously," Kimberley says. "I guess laughter is the best medicine." Graham says that it's just natural not to be in an inter-racial marriage. "It's much more easy to marry inside of the group," he says.

"There have to be more inter-racial marriages to decrease prejudice, before things change (in society)," Ben says.

A few people are willing to take risks and marry outside, Joyce says. However, most people are more comfortable within their own culture. She says a different culture "enlarges your perspective in the different ways of people. Graham gets very annoyed!" she laughs.

Kimberley says their marriage is enriched more by each other's unique characteristics than by cultural differences.

"There's a lot of personal growth. That's part of every relationship," Ben says.

Program for black youths teaches their history

By Karl-Ann Puckering

A Cambridge teacher set out to provide good role models and increase self-esteem when he introduced a three-week program for Black Studies.

Pierre Joanis and his wife, Susan, started a summer program for

black youths who wanted to understand their own history and culture.

The course, open to any high school student from Grade 10 to

OAC ran from July 13 to 31 in a room at Conestoga College,

which administration had allowed them to use for free.

"If we didn't have the college we wouldn't have a place to

start with, and the volunteers who took time to work free of charge are part of a combination of a lot of factors which made the program what it is," Joanis said.

"The program is not modelled after another program, it is unique," Joanis said. "It is based on specific needs of the students."

Joanis devoted time and energy after being approached by a group of black youths, referred to

him by Bettye Clark, of the Cambridge Family Crisis Shelter, to teach them their own history, culture and build their self-esteem.

"Basically, there is not one component to build self-esteem, it is a long process. You have to respect their needs and their personalities as individuals," Joanis said.

"There were exercises to build esteem, to make them feel appreciated, respected and capable — to make them realize they are smart and have something to contribute to society."

"The program has been successful and will be offered again," Rashaune Clark, who helped with the programs registration, said.

There were 20 students in the class and 25 available seats.

The program featured films, guest speakers (including social workers, teachers, lawyers and other professionals who may have experienced discrimination or racism), field trips and discussions about black history, black heroes, employment, human rights and police relations.

"Next year is going to be better," Joanis said. "More emphasis is going to be put on black history and literature."

Literature could not be included this time because of

the lack of time and specialists but will be included in next year's course.

Next year's course will be a full-day program to fulfill the needs of black students who want to know their history, a history that may not be provided by the school system.

Youth wants equal rights

By Leonel Perez

Ruben Rivera, a 19-year-old Salvadorean immigrant, formed a Spanish gang earlier this year which has grown substantially in a short period of time.

"Los Vichos" (the guys) was created by Rivera and three other Spanish youths, and shortly after that they had about 20 members. Some of them came from "La raza" and "the K.C.", other Kitchener-based gangs.

"Young immigrants are forming gangs because some of them are in disagreement with the system. They feel bitterness toward whites for not allowing them to have good jobs, good education or equal rights," Rivera said.

In 1988, Rivera and his parents left their native land, El Salvador, because of a civil war. Then they lived as refugees in New York. Rivera and his parents came to Kitchener this year, after the Canadian government approved their refugee status.

"We are minorities and we felt discriminated against by whites. For instance, once my gang had a fun time in Victoria Park. We were smoking, joking and drinking and then the police came and said to us, 'Get out of the park' because there had a complaint against us. I think that wasn't fair, because we weren't doing damage to anyone, we weren't fighting, we were hav-

ing just fun," Rivera said.

The police have arrested Rivera several times and he is now prohibited from going near the bus terminal or anywhere in downtown Kitchener. Rivera will appear in court next November to decide whether he will be allowed downtown or not.

"The police can not understand that I need to go downtown to buy clothes. I think that I'm a victim of racism," Rivera said. But Rivera finds racism is everywhere.

"Here in Kitchener there are many old people who don't like Spanish people. They say that we are intruders but really we are here not because we want to be, but because of the war in our country. However, they don't understand that," Rivera said.

Rivera said that many Spanish people do not have jobs because they don't have the opportunities to work in their professions.

"They become delinquents and they get into problems with the police and it is all part of racism," Rivera said.

Some members of "Los Vichos" were in trouble as well because they committed some thefts in the city though his gang has not had any trouble collectively.

"If we receive messages from other gangs, saying that they think we are queers, we will go and fight them. We need to be brave because it's how we get respect from

other gangs," Rivera said.

"Some gang members are resentful because they have not been able to reach their goals in a society dominated by a white majority. They are really the rebels," he added.

According to an article published by Maclean's magazine (May 18, '92) the immigrant Canadian of any ethnic background may consider himself an invited guest in Canada and may be more tolerant of racism and discrimination. But their children are not. They are growing up in a different era and their experiences are different.

They are demanding that they be treated equally, regardless of the color of their skin, their ethnicity, religion or sex.

They won't be as patient as their parents have been.

Almost a week before the melee on Toronto's Yonge Street, it was common talk in high schools that some students were planning to have some fun rioting and vandalizing businesses in downtown Toronto, the article said.

Constable Christopher Downey of the Waterloo Regional Police said that he has no doubt at all that, in Toronto, young blacks and whites were frustrated because they did not have money or jobs and their reaction was understandable.

"There are a lot of youths who are against their adult leaders and authority figures and they are acting out in a sort of rebellious way," he added.

"They don't have much respect for authority figures and as a result, it often leads to events and crimes such as violence, thefts and vandalism or they get into gangs," Downey said.

In the K-W area there are two well-known gangs called "the Reds" and "the Rappers".

"They look clean and well dressed, but they are nasty boys," Downey said. "However, a lot of kids don't want to be part of it. People belonging to gangs who get into criminal activities will have a response from the police," Downey said.

For instance, Rivera quit his gang due to problems that he had with them.

According to a study called "Visible Minorities in Canada" by Carleton University research professor T. John Samuel, by the turn of the century one in eight residents of Waterloo region will be from a

visible minority, an increase of more than double over 15 years.

By 2001, almost 57,000 of the area's estimated 455,000 will be visible minorities — up from 16,016 non-whites in a population of 308,000 people in 1986, according to the study.

In that context, minorities will want more job opportunities, a better living standard, a better education and the opportunity to hold a political position. Rivera said that white society should give more chances to minorities in order to maintain the racial harmony in the region.

Racist proud of views

By Winnie Welch

On the surface, Ron Harmond seems like most 17-year-olds. He goes to school, has a part-time job, does his homework sometimes and fights with his mother a lot. The one difference is that Ron is a self-proclaimed racist.

Ron is not afraid to let the world know what his views are — he is proud of them. He rarely vocalizes them but his shirts, hats and jackets are covered in white-supremist insignia.

"I don't really hate people who aren't white and I don't think whites are the superior race," Ron explains while sitting in his living room. "I just don't like how a lot of people who aren't white think they can take this country over and kick us out."

Ron's main beef is over immigrants. He says he doesn't mind people from other races coming into Canada, but he feels that they cry racism for no reason.

"They are the ones who have turned me into a racist," he comments, his eyes glaring with hatred. "I didn't want to be this way. They come over here and tell us we're the bad guys but they take all our jobs and change the laws so that everything is in their best interest."

Ron feels the turning point for him was when he entered high school. He had no problems with people of other races until they started abusing him because of his color. "I'm not the one who started out the racist. They came to this country hating white peo-

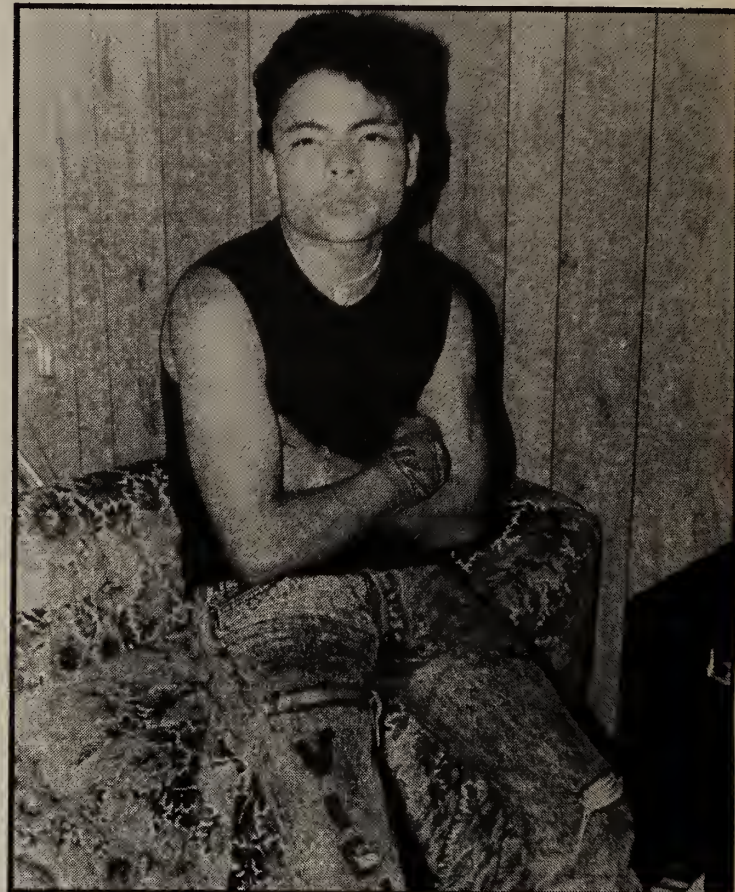
ple and we have to put up with it," Ron almost screams while banging his fist on the table. "I used to get called whitey while I walked down the halls. I was beaten up all the time because I was white. And who gets called the racist? Whites, that's who and I don't think we should have to put up with it anymore!"

Ron is a very angry young man. One of the roots of this is what happened to his brother.

"My brother was a cop. People seem to have a real hate against white cops," he explains. "Oh, nothing bad happened to him physically. It seems the province has this new rule where they try not to hire white, male cops anymore. My brother was up for a promotion and they gave it to someone else because of their color! They didn't even try to cover it up. They told my brother he was a great cop but he'd have a better chance if he were black. And people wonder why I don't like them. They get everything and the whites get nothing but no one will ever admit it."

Ron is scared for the future, his and his country's. He believes the future will be filled with tension as more and more young, white men come into the world to find they have no jobs.

"I don't want to be around when that happens," he cautions. "I'm not a violent person but I know many people who are and who aren't going to take this sitting down. There's going to be a lot of trouble in the future."



Ruben Rivera

(Photo by Leonel Perez)

Racial jokes hurt victim

By Natasha Sweeney

Racial jokes are people talking about their unconscious prejudice, said Judit Alcalde, the program coordinator for the Race Relations Committee in Kitchener-Waterloo.

Alcalde said telling racial jokes is a "subtle, sometimes not subtle way of making fun of people. Not everyone who is telling them thinks it's a racial thing, but globally it is."

"We don't make fun of other cultures unless we have some unconscious prejudice," said Alcalde.

Racial jokes lead to discrimination down the road, Alcalde said. She used Newfie jokes as an example.

"You grow up hearing these jokes and they lead you to believe Newfoundlanders are stupid." The discrimination started with a joke. Alcalde said that these jokes are very harmful.

When Alcalde hears a racial joke she usually tells people "I don't think that's funny. Making fun of people is not funny." "We're all responsible for doing it," said Alcalde on telling racial jokes.

In a roundabout survey at Conestoga College there was a variety of opinions shown on how racial

jokes affect the victim.

"I wouldn't use any (jokes) because I don't think it's nice," said Simon Nicklaus, the construction supervisor for Conestoga College. He said telling these jokes will make people feel defensive.

Greg Wallenius, a robotics student at the college said telling jokes "depends on timing," and when you tell jokes and in front of whom. Wallenius said these jokes "can hurt and embarrass them. It alienates them."

Anita Fortes, a library technician at the college said she tells jokes for fun, but she doesn't tell racial jokes because they can hurt and offend some people.

Brian Hookumchand, a third year civil engineering student said "I don't mind them because I tell them. I try not to put down anyone." He doesn't mind people making these jokes "as long as they don't make it a big habit."

"Some people tell them because they are hateful," Hookumchand said. "I don't hang around these people. I pick the people I tell them (jokes) to," (people who can take a joke).

Racial jokes being told in front of minorities "happens to everyone. I

either ignore them or I tell them (the person telling the joke) something offensive," jokingly. Hookumchand said telling these jokes could lead to discrimination by putting stereotypes in people's minds.

"It's only funny if you're not the victim" of racial jokes, University of Guelph sociology professor Koji Victor Ujimoto said. These jokes can hurt the victim's self-esteem.

"If you're always at the butt of a joke you don't know what the role model is," said Ujimoto. If you are always put down "you won't aspire to be that person."

Ujimoto said racial jokes are a problem for those people who are being picked upon. Stereotypical notions will affect people and how they treat others. How some people react to these jokes depends on what culture they are from. An example Ujimoto used is that a fat woman joke may not be appreciated in some cultures but it will be in others.

"People are becoming sensitive to people's feelings," said Ujimoto. Most people do not tell jokes with the intent to hurt. He said that how you perceive these jokes is the most important thing.

Employment equity defended

By Kim Louie

Equality and fairness are synonymous to most people, unless they happen to be debating employment equity.

The conflict appears in Kitchener's own debate over the fairness of hiring practices under the auspices of employment equity known as affirmative action in the United States.

On June 4, city officials revealed that testing for firefighter recruits was assessed differently for white males as compared to visible minorities and females. White males required a test score of 85 per cent or higher to proceed to the next round of testing while females and visible minorities required a lower score of 70 per cent.

Gail Meyer, Kitchener's employment equity officer, defends the policy by saying it was necessary because of coming provincial legislation.

"Given the legislation, we don't have much choice," Meyer says. "Besides, without doing something like this it would take years to make inroads [for visible minorities, women, the physically handicapped and natives] into better jobs."

The bill, expected to be implemented on Jan. 1, 1993, will affect both the public and private sectors in Ontario, giving them quotas and time-lines to hire members of the four "target groups," visible minorities, women, the

physically handicapped and natives. The legislation will apply to businesses which employ 50 people or more.

The Employment Equity Bill is precedent-setting in Canada. In 1986, the federal Employment Equity Act, also targeted the same groups but was highly criticized by visible minorities and women's groups as having no substance. The act only applied to federally-regulated Crown corporations with 100 employees or more and only required them to file annual reports. No fines or penalties were assessed for non-compliance, only for failure to file the reports.

The Ontario bill, on the other hand, could impose fines of \$50,000 for employers who fail to abide by a new Employment Equity Tribunal. The tribunal will regulate the provincial civil service, most private sector businesses, school boards, hospitals and municipalities.

It is this jurisdiction over municipalities that Meyer contends is forcing the City of Kitchener to become more aggressive in its hiring of the target groups.

With a new fire hall opening soon in Pioneer Park, the city had 20 positions open, and received 1,954 applications. Roger Freeborn, commissioner of administrative services, says the higher "cut-off" mark was necessary because of the overwhelming numbers of white male applicants.

Freeborn admitted he had received several phone calls from applicants complaining about the "double standard" in the test scores, though most callers were males who had been rejected. Some of the dissenting voices come from firefighters themselves. Jack Egers, president of the Kitchener Professional Firefighters Association is among the eight executive members of the association who state unanimously that the hiring policy is "discrimination against white males," according to the June 9 edition of the K-W Record.

"You can call it reverse discrimination if you want," says Egers, "but it's just blatant discrimination. It's not fair."

Theron Kramer, former chairman of the Race Relations Committee of K-W, disagrees with Egers and suggests that people claiming "reverse discrimination" are hypocritical.

"Where were the ones who are now screaming about discrimination 20 or 30 years ago, when it was women and minorities being discriminated against?" Kramer says.

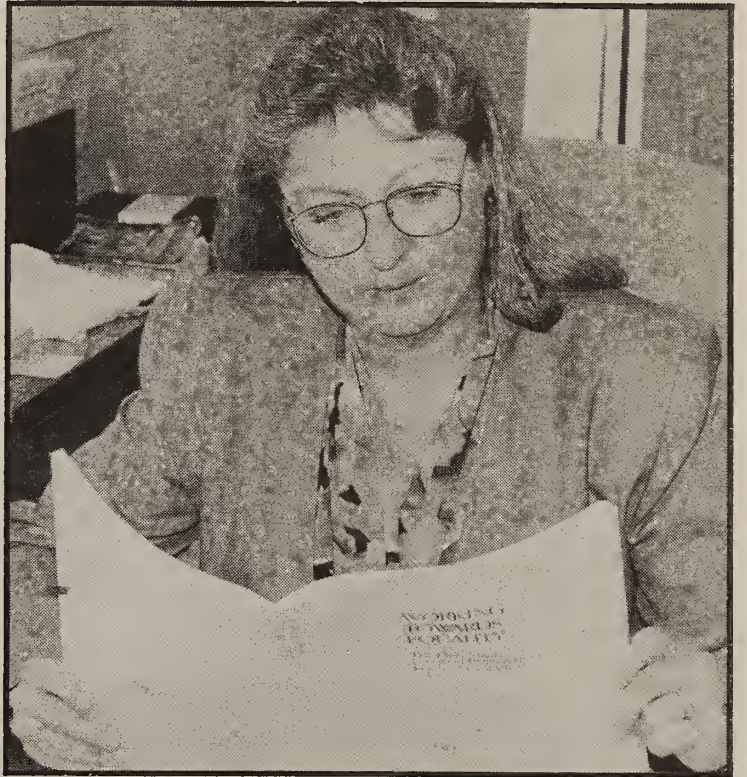
It is the economic difficulties faced by both business and government during this recession that has brought up a key point of contention in the employment equity debate, and has also increased tensions for job applicants, some of whom view employment equity as preferential treatment.

Myrta Sahas, executive director of the K-W Multicultural Centre, understands that the cost will be a burden, but believes it is a necessary one.

"It's unfortunate we have to talk about this during a recession," says Sahas, "but there are moments when we have to make certain choices. This is one of those moments." Meyer also has misgivings about the Ontario

government's lack of attention to the financial costs for both the government and businesses. She says it is an area that has been ignored. Kramer agrees with Sahas, saying the costs of implementing employment equity are necessary.

"There are some sacrifices to make in order to achieve equality," Kramer says.



Gail Meyer

(Photo by Kim Louie)

Young black player gains acceptance

By Jason Schmidt

When it comes to hockey, the black community is consistently absent. They always have been.

It wasn't until 1958 that the NHL's color barrier was broken when Willie O'Ree played for the Boston Bruins. Since then only 15 other blacks have played for the NHL.

This raises an interesting question: are there no black fans because there are no black players, or are there no black players because there are no black fans?

"I think it's a little bit of both," says Tylor Gordon.

Tylor is a 16-year-old black hockey player who lives in Waterloo and has been playing for six years.

"My dad and I used to watch Hockey Night in Canada when I was younger and I always liked the game. I always wanted to play," he says.

Tylor, who plays at a houseleague bantam level plays either right-wing or defence and scored 17 goals last season. Although he

won't go as far as to say he's an exceptional player, his parents Robert and Helen credit him with being a strong skater and good puckhandler.

"He's always enjoyed the game very much," Tylor's father Robert says. "His skating abilities came very quickly when we used to take him and his sister public skating when he was seven."

Although Tylor admits he doesn't have a large number of heroes in the NHL, he does particularly look up to one player.

"I've always admired Grant Fuhr," he says. "He's black and one of the best goalies in the league. He takes a backseat to no one."

Tylor's father Robert adds there are other players in the NHL Tylor looks up to.

"I think the main reason Tylor likes Fuhr so much is because he is playing for the Leafs now," laughs Robert.

Robert also added that professional black hockey players do provide some inspiration for Tylor.

The fact that Tylor is black hasn't created any real problems for the Gordon family. It's only a bantam level which doesn't gain much attention. The only real surprise came during the first practice Tylor ever attended when he was 10.

"My dad and I walked into this noisy dressing room and when people saw me they just stopped talking and stared," says Tylor.

"It was something I really didn't expect but the surprise wears off after a few games and people started treating me as one of the guys."

Chad Rollins, who played on the same team as Tylor last season, commented on Tylor's involvement in the game.

"I was surprised when I found out

at the beginning of the season he was playing but, like Tylor says, the surprise wears off," he says.

Chad added there hasn't been a big problem for the team accepting Tylor. His acceptance came quickly because he was one of one of the better players.

The team's only negative feelings towards Tylor came during the beginning of the season.

"A few players made this joke one morning about not knowing Tylor's head was in the helmet until he smiled," Chad says.

"I thought it was funny in the beginning but now Tylor draws a lot of respect and guys don't joke much any more."

Tylor's mother Helen responded to this by saying she expected him to receive some ridicule from other players, but when Tylor hears it, he plays stronger.

The Gordon family is well aware of the absence of blacks in hockey and Robert Gordon has his views why.

"In North America, where a lot of the black community grows up in the slums and ghettos, it is much cheaper to let your child play basketball or baseball rather than to have to spend hundreds of dollars on hockey equipment," he said.

He also added that there is a lack of arenas around those areas.

Meanwhile, Tylor is greatly looking forward to another hockey season. His strong competitiveness and athletic skills make him a strong contender.

"I don't think I'll ever make it to the NHL, not unless I switch to a more competitive league," Tylor says.

"But for now I enjoy playing very much."

Education is key to healing racism

By Katherine Galbraith

"First we have to make everyone see (through education) that racism is a problem," said Theron Kramer, chairman of the Race Relations Committee in Kitchener-Waterloo. "We have to show people that it is not just the minorities that are being affected. It affects us all."

Once racism is seen as a problem then education is the next step. Kramer said that people must be shown the value that different people bring into this community. Different people bring different colors and styles and can make "a country beautiful."

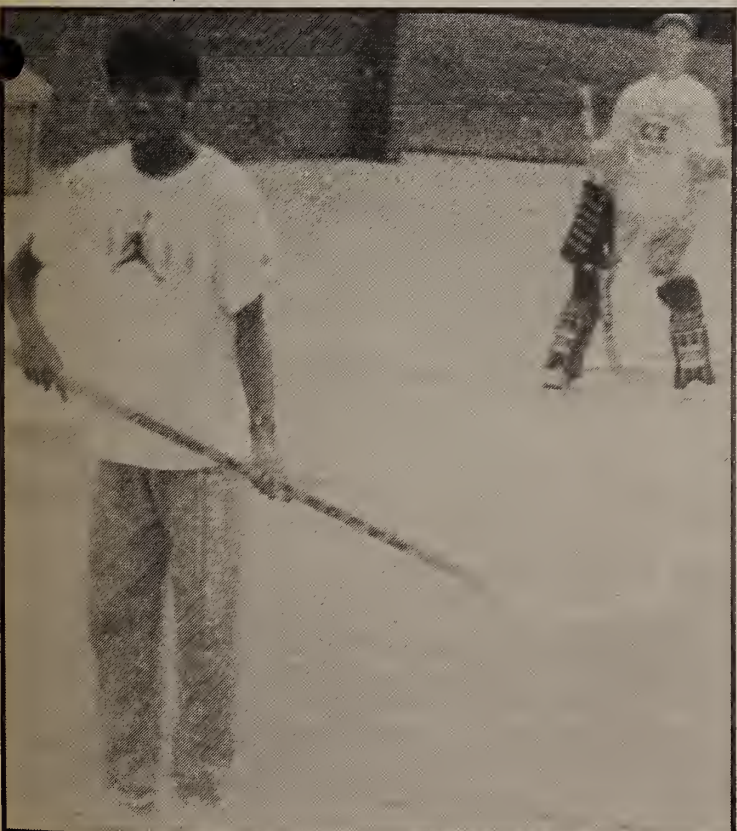
"Yes education is the first step," said Dennis Giesbrecht, an officer

for the Human Rights Commission, "but we need to start at the elementary level." Giesbrecht said that teaching children when they are young is the only way he sees racism being healed.

Kramer said that people of different cultures must interact and understand each other, before racism can begin to heal. Because, he said, the only way we can appreciate each other is by understanding why we are the way we are. "The Multicultural Festival held every year is a great way for the interaction to happen," said Kramer.

Kramer said that the festival was held the beginning of every July, and approximately 1,000 people of

(Continued on page 4)



Tylor Gordon (left) plays road hockey with Dave Tompa

(Photo by Jason Schmidt)

opinion

End prejudice

By C. Edward Stewart

Before embarking on my career as a journalist, I worked as a gas jockey. I was amazed at the number of times people of minorities approached me with an attitude of "Hey, you're white so you must be against me. I don't like that so I'll treat you like garbage."

The first couple of times, I thought the person was just having a bad day. I thought the person was just being rude, the way he or she would throw the money at me and snap at me when I'd ask if they wanted their oil checked.

But as the instances mounted, I became aware of a serious problem with race relations today — they were assuming that I was something I was not, based on information gathered before ever dealing with me. That sounds like prejudice to me.

It isn't the greatest feeling in the world when someone judges you before you have even done anything. Perhaps it's fair in a way. I have been allowed to feel some of the frustration and anger that non-white groups must feel. But, from a practical point of view, discrimination of this sort is wrong, no matter who the target is.

We are all individuals and must be treated as such.

With an average of 200 cars a day, quite a cross-section of the population presents itself for your edification and amusement.

During my stay at the gas bar, I worked every shift, beginning with night shifts and moving on to morning shifts and then afternoon and night shifts again.

Up to the time I began working there, I had led what some would call a sheltered life. I had not been exposed to racial discrimination and violence. They all seemed like things that happened in southern American towns.

When I first started there, I worked with two other whites, the manager and a part-timer, an Asian, part-time, and an African, the owner. (I am using terms like Asian and African to show the multiculturalism present at the station. Bear with me.) We all got along fine together. There was never any racial strife between any of us. The problems lay with the customers. As a white male, I had never really experienced racial prejudice. Some would say that it isn't a serious problem. Some would say it's just a white guy whining. I can see their point. No one has ever taken me out

back and beat me up because of the color of my skin. However, that doesn't diminish the problem.

As time passed, people were hired and people were let go. During my second year, I was made manager of the gas bar. I was selected for the position because I was not in school at the time and the others were. The staff consisted of two whites, both part-time, three Asians, all part-time and an African, the owner. We were quite the multicultural group.

It was during this period that I was exposed to the real ugliness of racism. One of the whites was prejudiced against blacks. He went so far as to ask for my support in a "rumble" between black and white youths that was going to take place one night.

Until that point, I had thought that he was a fairly intelligent guy, but it was obvious that he wasn't. He saw the world through "whites-only" glasses. He ended up with the nickname "redneck".

One winter afternoon, as I was finishing my paperwork after my shift, a customer came inside and asked me to come out and check his oil. I was confused because there were only two cars at the pumps, and two of the Asians were working outside. I told the customer that there were already two attendants out there and he said he didn't want to be served by "one of those".

It took me a moment to figure out what he meant. Then I went outside and asked the attendant who was pumping his gas to check the oil when he was done. I then went back inside.

After the customer had left, the Asian came inside and asked me why I had asked him to check the oil. I don't think I have ever felt more uncomfortable than at that moment. I didn't really explain, but just said that the customer was just some idiot. Inside, I felt ashamed for my race. How could anyone be so narrow-minded?

After experiencing the ugliness of racism, I have gained a better understanding of the anger minorities feel at their fellow man. Most of my experiences were non-violent ones. How much worse must it be to be the object of violence because of the color of your skin? Many times I have gone out with non-white friends. The solution to race relations seems quite simple to me. Look at the person, not the color of his skin.

opinion

I have a dream: end racism

By Beckl Chmielewski

It is amazing and horrifying how much violence can erupt from one jury's decision.

Because the police officers who were accused of beating Rodney King unnecessarily in Los Angeles earlier this year were found not guilty, a rash of riots took place in Los Angeles and several other cities, including Toronto.

I feel the need to comment.

Now, I have been called naive and asked, "What does a little white girl like you know about racism?"

Maybe I am naive and maybe I don't know a hell of a lot about racism from personal experiences.

But I do know that cruelty and violence were major ideas behind the imagery Malcolm X believed in. He believed that violence was the only way for blacks to achieve equality. Look at what happened to him. He was assassinated. I also know that Martin Luther King believed in peaceful ways to achieve equality and saw black history as a record of suffering, endur-

ance and courage.

He was also assassinated.

At the March on Washington, in August 1963, Martin Luther King said, "I have a dream — my four little children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character. I have a dream today!"

He also said he dreamed that one day little black children and little white children could join together as brothers and sisters.

I have the same aspiration.

But, from the looks of today's society, that is an unrealistic dream and I realize that it will probably never happen.

Perhaps, from looking at the fates of these civil rights leaders, there is no answer to racism, yet.

But, that does not make it right. I have a dream that one day, probably not in my lifetime, but I hope I'm there to witness it, all races and religions will be able to live together in harmony. We are all a part of one race. The human race.

Cultural genocide

Canada blundered Native education

By Allana Gillam-Wright

Canadian Indian families are still struggling to deal with the trauma of residential schools, which were established by the Canadian government in the 1800s to educate Native people.

Children as young as four years old were forcibly removed from their parents, sometimes kicking and screaming, and placed in institutions often located over 100 kilometres from their reserves.

Many children spoke only in their native language, a practice that was strictly forbidden and for which they were severely punished.

To the Canadian government, this was education; to the Native people, it was cultural genocide.

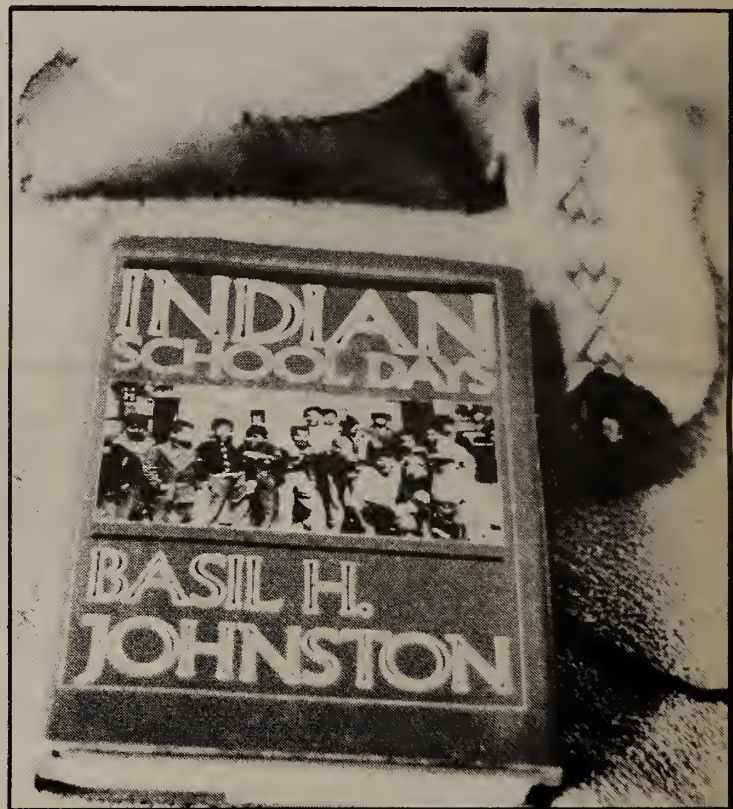
"A lot of the dysfunction in Native families today can be related back to what happened when children were placed in residential schools," said Joann Varga, delegate of the Niagara Peninsula Aboriginal Area Management Board.

"My mother today is a recovering alcoholic because of what she endured as a child. She was taken from her home, on the Folliet reserve near Timmins, at the age of six and placed in a residential school in Chapleau over 160 kilometres away from her home. She was only allowed to see her family for two months during the summer."

Varga said that a lot of the children became filled with hatred for their parents because of what happened to them at the schools. Many of the horror stories associated with these institutions are just now coming to the attention of the Canadian public.

Cathy Johnston, Varga's sister, interviewed their mother, Jenny Absolon, about her life at a residential school.

"I was removed from my home at six years of age," said Absolon. "It was horrible having to leave my mother and home life. When I went through the big gates, I felt like I was stuck there forever. It was pretty sad and I cried a lot. The worst time was in the morning, after dreaming about being at home and waking up and realizing I was still in boarding school, and institution—it was like being in jail. Every morning at 6 a.m. we got out of bed and had to pray—there was a lot praying and preaching done



Basil Johnston's book describes life of residential schools.

(Photo by Allana Gillam-Wright)

throughout the day, from the time I woke up to the time I went to bed. My own spirituality was never reinforced, but they tried to teach me the modern way of living. I was denied my basic rights of customs, language, heritage and way of dress. It was the government who wanted to mold the Indian nations into white robots. They tried to turn a whole nation of people into something they weren't."

By the 1940s, Canada had 76 residential schools with an enrolment of 8,000 native children. The schools were eventually phased out by the late 1960s.

In his book *Indian School Days*, Basil H. Johnston, of the Cape Croker Indian reserve near Wiarton, Ont., describes life for the boys who were forced to go to St. Peter Claver's Indian Residential School (better known as Spanish) near Espanola.

Johnston takes an anecdotal reflection of life at the school, but even his humor cannot hide the harsh treatment the boys received for any small infraction of the rules.

The children were ill-fed, ill-clothed and ill-treated.

Johnston relates how he and his four-year-old sister were taken from their home on Cape Croker, despite cries and pleadings from their mother and grandmother, and placed in residential schools. The children were allowed to visit each other once a month for one hour.

Although life was hard at Spanish, Johnston points out that the boys there were better treated than the boys placed in Shingwauk residential school. Here it was said that small boys were forced to stand in line, hands joined to receive a shock from an electrical outlet, because they had spoken in their native tongue.

Today the Native people have mastered the English language.

They are also well acquainted with the laws of the land.

In 1960, Natives were given the right to vote in federal elections.

They are now fighting for the right to self-government which would give them total control over the education of their children.

Residential schools are no longer part of our education system, said Varga, but the damage they have caused will take generations to repair.

Education healing racism

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different cultures interacted in this year's festival. "It was a huge success and a hopeful sign."

Kramer would love to see racism eradicated, but he said that he just does not think it will ever happen.

"You can't change every individual," said Kramer. "You will never take the racist out of the individual person. Everyone needs a scapegoat." Why not use different cultures? Racism is easy, according to Kramer.

If anyone has ever been called

names, been denied opportunities in life or just been left out because of what they look like, then they have been discriminated against, and that is racism, said Mary Ruth of the Anti-Racism Work Group, based in Montreal.

David Hughes' and Evelyn Kallen's book *The Anatomy of Racism: Canadian Dimensions* defines racism as a person's attitudes, beliefs and behavior about others based on another person's physical, cultural and/or behavioral characteristics.